FANS
FEDERATION OF ASIAN NUTRITION SOCIETIES

NEWSLETTER

No.11 JULY 2011
Editors

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## CONTENTS

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Executive Council of FANS 2007-2011</td>
<td>4</td>
</tr>
<tr>
<td>President’s Message</td>
<td>5</td>
</tr>
<tr>
<td>Venue of Previous Asian Congresses of Nutrition</td>
<td>6</td>
</tr>
<tr>
<td>Newsletters Published in Earlier Years</td>
<td>7</td>
</tr>
<tr>
<td>Previous FANS Newsletters</td>
<td>8</td>
</tr>
<tr>
<td>Statutes and By-Laws of FANS</td>
<td>9</td>
</tr>
<tr>
<td>Minutes of the 2009 FANS General Assembly Meeting</td>
<td>14</td>
</tr>
<tr>
<td>Summary Report of the Secretary General, for 2009-2011</td>
<td>23</td>
</tr>
<tr>
<td>Addresses of FANS Member Countries</td>
<td>25</td>
</tr>
<tr>
<td>Report of FANS Member Countries</td>
<td></td>
</tr>
<tr>
<td>Bangladesh</td>
<td>30</td>
</tr>
<tr>
<td>China</td>
<td>33</td>
</tr>
<tr>
<td>Hong Kong</td>
<td>38</td>
</tr>
<tr>
<td>India</td>
<td>42</td>
</tr>
<tr>
<td>Indonesia</td>
<td>49</td>
</tr>
<tr>
<td>Iran</td>
<td>51</td>
</tr>
<tr>
<td>Japan</td>
<td>55</td>
</tr>
<tr>
<td>Korea</td>
<td>64</td>
</tr>
<tr>
<td>Lebanon</td>
<td>69</td>
</tr>
<tr>
<td>Malaysia</td>
<td>72</td>
</tr>
<tr>
<td>Mongolia</td>
<td>83</td>
</tr>
<tr>
<td>Pakistan</td>
<td>87</td>
</tr>
<tr>
<td>Philippines</td>
<td>90</td>
</tr>
<tr>
<td>Singapore</td>
<td>98</td>
</tr>
<tr>
<td>Sri Lanka</td>
<td>103</td>
</tr>
<tr>
<td>Taiwan</td>
<td>107</td>
</tr>
<tr>
<td>Thailand</td>
<td>113</td>
</tr>
<tr>
<td>Vietnam</td>
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</tr>
</tbody>
</table>
# Executive Council of FANS

## 2007-2011

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Country</th>
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</thead>
<tbody>
<tr>
<td>President</td>
<td>Dr. Po-Chao Huang</td>
<td>Taiwan</td>
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<tr>
<td>Secretary General</td>
<td>Dr. Ching-jang Huang</td>
<td>Taiwan</td>
</tr>
<tr>
<td>Immediate Past President</td>
<td>Dr. C. Gopalan</td>
<td>India</td>
</tr>
<tr>
<td>Honorary Council Members</td>
<td>Dr. R. Soebeki</td>
<td>Indonesia</td>
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<tr>
<td></td>
<td>Dr. Aree Valyasevi</td>
<td>Thailand</td>
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<tr>
<td></td>
<td>Dr. Masao Kanamori</td>
<td>Japan</td>
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<tr>
<td></td>
<td>Dr. Mohd Ismail Noor</td>
<td>Malaysia</td>
</tr>
<tr>
<td></td>
<td>Dr. Xiaoshu Chen</td>
<td>China</td>
</tr>
<tr>
<td></td>
<td>Dr. Sook He Kim</td>
<td>Korea</td>
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<tr>
<td>Council Members</td>
<td>Ms. Cyndy Au</td>
<td>Singapore</td>
</tr>
<tr>
<td></td>
<td>Dr. Teruo Miyazawa</td>
<td>Japan</td>
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<td></td>
<td>Dr. Kamala Krishnaswamy</td>
<td>India</td>
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<td></td>
<td>Dr. Janaki Gooneratne</td>
<td>Sri Lanka</td>
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President’s Message

Since its foundation in 1971, FANS has now a history of forty years. In 2007, under the auspices of FANS, the Nutrition Society of Taiwan organized and held the very successful 10th Asian Congress of Nutrition (ACN) attended by nearly 1500 participants. Besides holding ACN to let Asian nutrition scientists had the opportunity of getting together and exchange knowledge or ideas, we had set up FANS official website (http://www.fans-web.org/) to convey information from/to our member societies. As a matter of fact, the reports sent to FANS office recently by each member society are already put on this website. We hope all members will use it customarily. I personally appreciate Dr. Ching-jang Huang, the Secretary General very much, for her dedicated and excellent works for FANS during the last four-year term.

According to many reports of WHO, FAO, UNICEF and others, unfortunately, there are still many millions of malnourished people in Asia, including infants, young children, pregnant and lactating women. Reportedly, the situation has been improving, however, not fast enough to achieve the MDGs. I sincerely hope, that we Asian nutrition scientists would be able to cooperate with agricultural experts, food technologists, public health personnel, government policy makers and others to solve the malnutrition problems of Asia.

Lastly, may I wish the 11th Congress all success.

Po Chao Huang

President, FANS
## Venue of Previous Asian Congresses of Nutrition

<table>
<thead>
<tr>
<th>Congress</th>
<th>Venue</th>
<th>Year</th>
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<tbody>
<tr>
<td>1st Asian Congress of Nutrition</td>
<td>Hyderabad, India</td>
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<td>2nd Asian Congress of Nutrition</td>
<td>Manila, Philippines</td>
<td>1973</td>
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<td>3rd Asian Congress of Nutrition</td>
<td>Jakarta, Indonesia</td>
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<td>4th Asian Congress of Nutrition</td>
<td>Bangkok, Thailand</td>
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<td>5th Asian Congress of Nutrition</td>
<td>Osaka, Japan</td>
<td>1987</td>
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<tr>
<td>6th Asian Congress of Nutrition</td>
<td>Kuala Lumpur, Malaysia</td>
<td>1991</td>
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<td>7th Asian Congress of Nutrition</td>
<td>Beijing, China</td>
<td>1995</td>
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<tr>
<td>8th Asian Congress of Nutrition</td>
<td>Seoul, Korea</td>
<td>1999</td>
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<tr>
<td>9th Asian Congress of Nutrition</td>
<td>New Delhi, India</td>
<td>2003</td>
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<td>10th Asian Congress of Nutrition</td>
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<td>2007</td>
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<tr>
<td>11th Asian Congress of Nutrition</td>
<td>Singapore</td>
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**Newsletters Published in Earlier Years**

Some newsletters published in early 80s have been missed for some time. They are as follows:

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<tr>
<th>Number</th>
<th>Date</th>
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<tr>
<td>Number 3</td>
<td>October 1981</td>
<td>R. Soebekti</td>
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<td></td>
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<td>F. G. Winarno</td>
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<tr>
<td>Volume 3</td>
<td>May 1985</td>
<td>A. Valyasevi</td>
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<td></td>
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<td>K. Tontisirin</td>
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<td>A. Valyasevi</td>
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<td></td>
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<td>K. Tontisirin</td>
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<tr>
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## Previous FANS Newsletters

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<tr>
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<td>June 1989</td>
<td>M. Kanamori, Y. Itokawa</td>
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<td>2</td>
<td>January 1991</td>
<td>M. Kanamori, Y. Itokawa</td>
</tr>
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<td>3</td>
<td>August 1993</td>
<td>Chong Yoon Hin, Mohd. Ismail Noor</td>
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<td>4</td>
<td>August 1995</td>
<td>Mohd. Ismail Noor, Tee E. Siong</td>
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<td>June 1997</td>
<td>Xiaoshu Chen, Jingfan Gu</td>
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<td>August 1999</td>
<td>Xiaoshu Chen, Jingfan Gu</td>
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<td>August 2001</td>
<td>Sook He Kim, Yang Cha Lee-Kim</td>
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<td>8</td>
<td>February 2003</td>
<td>Sook He Kim, Yang Cha Lee-Kim</td>
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<td>C Gopalan, Ramesh V Bhat</td>
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<td>10</td>
<td>September 2009</td>
<td>Po-Chao Huang, Ching-jang Huang</td>
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Statutes and By-Laws of FANS

THE HISTORY OF FANS

The idea of organizing the nutritional scientists of Asia into a federation was explored during the First Asian Congress of Nutrition held in Hyderabad, India, in 1971. FANS was formally organized during the Second Asian Congress held in Manila in 1973. Fourteen countries were the original signatories to the formation of the FANS, namely, Afghanistan, Bangladesh, India, Indonesia, Iran, Japan, Korea, Lebanon, Nepal, New Guinea, Pakistan, Philippines, Sri Lanka and Thailand.

FANS is envisaged to have a simple organization – practical and realistic to cope with the Asian situation of development. It should hold regular Congresses and meetings and open communications between members in the region.

PREAMBLE

WE, THE REPRESENTATIVES OF NUTRITION SCIENTISTS OF ASIA, DETERMINED

to assist more vigorously in the efforts of our respective countries to promote social progress and to enhance the quality and life of our people by the establishment of more dynamic development programs,

FOR THIS PURPOSE HAVE RESOLVED


to unite our efforts and mobilize our resources for concerted action to combat malnutrition in the region,

HAVE AGREED

through representatives assembled in the City of Manila, Philippines, to establish an organization of nutrition scientists and the Statutes and By-Laws, thereof.

STATUTES

ARTICLE I

NAME

The organization shall be known as the FEDERATION OF ASIAN NUTRITION SOCIETIES, hereinafter referred to as the FANS.
ARTICLE II

OBJECTIVE

II.1 The objectives of the FANS are:

(a) To foster international fellowship among nutrition scientists of the region and promote cooperative working arrangements particularly in the furtherance of nutrition research, training and action programs.

(b) To encourage the exchange of information and experiences in nutrition research, training and action programs among the member countries, particularly through the periodic holding of Asian Congress of Nutrition.

(c) To act as a liaison between the member countries and the International Union of Nutritional Sciences as well as the appropriate United Nations Agencies.

ARTICLE III

MEMBERSHIP

III.1 An Asian country shall adhere to the FANS as a member through its principal NUTRITION SOCIETY or other appropriate scientific group duly recognized specifically as an Adhering Body by the FANS Executive Council.

III.2 The term “country” shall be understood to include nutrition scientists and societies representing a defined geographical area (or areas) in Asia which has an independent budget for scientific purposes; there shall be only one voting member representing such area or scientific community.

III.3 The power to approve subsequent admissions, withdrawals or other changes in memberships shall be vested in the Executive Council and shall become effective only upon the unanimous vote of the Council members. A written absentia vote shall be followed for this purpose.

ARTICLE IV

ADMINISTRATION

IV.1 The work of the FANS shall be directed by the General Assembly composed of representatives appointed in writing by the Adhering Bodies.
IV.2 Voting in the General Assembly shall be by Adhering Bodies and each shall have only one vote.

IV.3 The affairs of the FANS shall be administered by the Executive Council elected for this purpose by the General Assembly. The President of the Federation shall be the President of the Executive Council to be assisted by the Secretary General and a Secretariat, which be located in his country during his period of office. The expenses of the Secretariat shall be borne by the host country.

ARTICLE V
AMENDMENT OF STATUTES AND BY-LAWS

V.1 The Statutes and By-Laws of the FANS may be amended, altered or repealed by a two-thirds majority vote of members present at a General Assembly where such action has been announced in the call and notice of such meeting.

V.2 Proposals for amendment, alteration or repeal must be submitted in writing by any Adhering Body to the President and the Secretary-General at least four (4) months before the General Assembly at which it is to be considered.

ARTICLE VI
OFFICIAL LANGUAGE

VI.1 The English text of the Statutes and By-Laws shall be considered the authoritative one.

VI.2 The record of all proceedings of the FANS shall be in the English Language even though the original subject matter in another language shall be recognized, together with the English translation, as authoritative.
BY-LAWS

ARTICLE BL I

THE GENERAL ASSEMBLY

BL I.1 Ordinary meetings of the General Assembly shall be held every four years, preferably about midway between two General Assemblies of the International Union of Nutritional Sciences.

BL I.2 The agenda of business will be drawn up by the Secretary-General in consultation with the members and shall be distributed at least two months before the meeting and may be amended or altered only upon approval by a two-third majority vote during the meeting.

BL I.3 An invitation to send an observer to the General Assembly shall be issued to the IUNS, UNESCO, FAO, WHO and UNICEF, as well as to such other organizations and individuals as the host country or the Executive Council may deem appropriate.

ARTICLE BL II

THE EXECUTIVE COUNCIL

BL II.1 The Executive Council shall be the governing body of the FANS and shall manage and determine the conduct of affairs of the Federation including budgetary and financial arrangements. The Executive Council shall hold its first meeting immediately after its election at the same period and place as the Regular General Assembly at which the Council is elected. A midterm meeting shall be held at the time and place of the International Congress of Nutrition or at some similar occasion which shall not call for travel cost on the part of the FANS.

BL II.2 The Executive Council shall be composed of:

(a) President of the Federation: The President of immediately preceding Asian Congress shall also be the President of the FANS.

(b) Secretary-General of the Federation: The Secretary-General of the immediately preceding Asian Congress shall also be the Secretary-General of the FANS.

(c) Immediate Past President of the FANS.
(d) The other Past Presidents of the FANS will serve as the Honorary member.

(e) Four (4) elected members one of whom shall be from the country where the next Asian Congress will be held.

**BL II.3** The duties of the officers are:

(a) The President shall be the chief executive officer of the FANS and may represent the Federation in every respect. He shall preside over the Executive Council and the General Assembly meetings and perform such other functions as may be necessary in attaining the objectives of the Federation.

(b) The Secretary General will be the official recorder of the Executive Council meetings and those of the General Assembly. He shall cause notices to be served, prepare suggested agendas, be the main organizer of the General Assembly and Scientific Sessions and perform such other duties as may be assigned to him by the President.

**BL II.4** Election of Officers

(a) The term of office of the members of the Executive Council shall be about four years extending from one Asian Congress to the succeeding.

(b) The President and the Secretary-General shall not be eligible for re-election to their respective officers. No member of the Executive Council shall serve more than two consecutive terms.

(c) In the event of death, resignation or incapacity of the President, the Secretary-General shall perform the duties and functions of the President in addition to his own.

(d) In the event of death, resignation or incapacity of any elected member of the Executive Council, the President should appoint a substitute for the duration of the unexpended term, preferably from the same adhering country as the member so affected.

**ARTICLE BL III**

**HEADQUARTERS**

The Secretariat of the FANS will be located in the country of the current President of the Federation.
Minutes of the 2009 FANS General Assembly Meeting

Time: October 7, 2009; 12:00-14:00
Venue: Rm MR 225, level 2, Congress Center (BITC), Bangkok, Thailand
Chair: Dr. Po-Chao Huang, President of FANS
Present: Names of the countries represented and delegates present as indicated in Annexure 1

Announcement:

Secretary General reported the number of the attending delegates and Member Countries etc. She distributed the newly published “FANS News Letter, issue No. 10” as well as the Agenda to each Delegate and asked for their signatures.

Agenda 1 Request for adoption of the Agenda
Dr. Ching-Jang Huang, Secretary General of FANS, placed the Agenda of business prepared by her in consultation with each member two months before this meeting, and requested for its adoption during the meeting with changes if any. In its absence the agenda prepared was adopted.

Agenda 2 Welcome address of FANS President
Dr. Po-Chao Huang, President of FANS, delivered the following welcome address: Delegates of FANS Member Countries, Observer of IUNS, Honorary Council Member, Dr. Mohamad Ismail Noor, Ladies and Gentlemen, on behalf of the Executive Council of FANS from 2007, I am pleased to welcome all of the delegates of the FANS Member Countries and the observer of IUNS to attend the General Assembly Meeting of FANS, 2009, at this venue of the 19th ICN. When I read the activity reports of each member country, submitted to FANS for printing the No. 10 News Letter, which was distributed to you today, I realized that each member country has made a significant progress in various activities of nutritional problems. Much effort was made to reduce undernourished children, and many studies and educational programs on obesity and various nutrition-related chronic diseases have been going on. Also, conferences and symposia on scientific nutrition research were held in every member country. For all of these, all our members are to be congratulated. I am very glad to see the development of FANS activities. I hope the progress will continue for years to come. Finally, I would like to congratulate our Thai colleagues for their superb organization of the 19th ICN.
Agenda 3  FANS progress report by the Secretary General
Dr. Ching-Jang Huang, Secretary General of FANS, made a
Power Point presentation on “The 2007-2009 summary report
of FANS”. Full text of this report is enclosed as Annexure 2
and listed in page 22 of the FANS newsletter issue No.10. The
Malaysian representative proposed to acknowledge President
and Secretary General of FANS for the set-up of the new
FANS website. It was seconded by all of the delegates.

Agenda 4  Admission of new members
Dr. Po-Chao Huang, the Chair, presented the resolution of the
Executive Council meeting held on the previous day. The
minute of this meeting is enclosed as Annexure 2. The
Executive Council Members unanimously approved the
membership application after reviewing the application
materials and discussions. The membership applications from
Hong Kong Nutrition Association and from Mongolian
Association of Nutrition and Food Service Management were
thus approved according to the statutes of FANS, Article III
MEMBERSHIP.

The delegate from Malaysia suggested that there should be an
endorsement from this General Assembly Meeting. The Chair
thus asking whether there is any objection. Without any
objection, Dr. Po-Chao Huang, the Chair declared that the
Mongolian Association of Nutrition and Food Service
Management and Hong Kong Nutrition Association as FANS
new members.

The delegate from Malaysia further enquired that New Member
application should be approved by the General Assembly (GA)
rather than by the Executive Council (EC), since there is higher
number of representatives in the GA than in the EC. In response, Dr.
Ching-jang Huang, the Secretary General of FANS, read out the
FANS STATUTES Article III.3: The power to approve subsequent
admissions, withdrawals or other changes in memberships shall be
vested in the Executive Council and shall become effective only
upon the unanimous vote of the Council members. A written
absentia vote shall be followed for this purpose. For the procedure of
any intention to amend the current STATUTES and BY-LAWS of
FANS, she also referred to Article V.2: Proposals for amendment,
alteration or repeal must be submitted in writing by any Adhering
Body to the President and the Secretary-General at least four (4)
months before the General Assembly at which it is to be considered.
Agenda 5  Report on preparation of the 11th ACN in 2011
Ms. Pek Yee Chow, Chairperson of 11th ACN, from Singapore delivered the following report with the aid of a powerpoint presentation: The 11th ACN logo design includes the human-like symbol, symbolizing the nutritional well being, the chart represents the progression of Asia, the Asian map with the alphabet “ACN” represents the Asian Congress of Nutrition, and the purple color represents progress and health. The orchid is the national flower of Singapore that welcomes all to visit. The first announcement was released in April, 2009, and a booth was set up at this 19th ICN Exhibition No. 604. After our bid has been approved, we applied for grant from Singapore Tourism Board on December 31, 2007. We set up the Congress Committee, and the subcommittees, for instance, the scientific subcommittee, logistic subcommittee, social program subcommittee, finance subcommittee, public relation subcommittee, the media subcommittee, etc. The Chairpersons of the Committee and subcommittees were identified. We invite the International Advisory Committee members, invite some of the government and professional bodies in Singapore, and to identify the Congress organizer. Ongoing works includes funding and formation of the advisory committee. The proposed venue includes Singapore Expo and Singapore Exhibition Convention Center. One of the considerations deciding the venue would be the cost, which must be affordable for all the delegates. At the same time, we plan to follow the ICN, setting up a fund to support participants who are young Asian nutritional scientists.

Agenda 6  Selection of the venue of the 12th ACN in 2015
Dr. Po-Chao Huang, the Chair, announced that FANS office had received four applications to bid for hosting the 12th ACN on 2015. These were from, by the alphabetical order: Iran, Japan, Lebanon, and Sri Lanka. The representatives of each then made a presentation of their plan.

The voting was conducted according to the resolution of the Executive Council Meeting held on the previous day (Annexure 3, Agenda 3 (1)). Drs. Po-Chao Huang and Mohd Ismail Noor (Malaysia), Honorary Council Member served as the counting vote officers.

Dr. Ching-jang Huang, the Secretary General, distributed ballots previously signed by her to each of the present FANS member delegate. A total of 14 ballots were delivered. Immediately before voting, Iran decided to withdraw the bid and
support Lebanon.
Dr. Po-Chao Huang, the Chair, announced the voting results: 8 votes for Japan, 3 votes for Lebanon, 3 votes for Sri Lanka, which determines that Japan be the host of the 12th ACN, 2015.

Agenda 7 Optional activity report
There was no response to the enquiry of Dr. Po-Chao Huang, the Chair, whether there was any optional activity report from delegates.

Agenda 8 Other business
In response to the message from IUNS given by Dr. Kamala Krishnaswamy (Annexure 3, Agenda 3 (21)), a FANS executive Council meeting, should be held after the General Assembly Meeting to discuss, after receiving suggestions from the General Assembly Meeting.

Dr. Po-Chao Huang, the Chair, closed the meeting with the remark: “Thank you for attending the biggest FANS General Assembly I have experienced.”

A second Executive Council meeting (2009-2) was successively held after the closing of the General Assembly Meeting. The Minutes of this 2009-2 FANS Executive Council meeting is enclosed as Annexure 4
Annexure 1

Members present during the 2009 FANS General Assembly Meeting

<table>
<thead>
<tr>
<th>President, FANS</th>
<th>Po-Chao Huang</th>
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<tbody>
<tr>
<td>Secretary General, FANS</td>
<td>Ching-jang Huang</td>
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<tr>
<td>Honorary Council Member, FANS</td>
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Annexure 2

Summary Report of the Secretary General, for 2007-2009
Federation of Asian Nutrition Societies
At the General Assembly Meeting, Oct 7th, 2009, Bangkok
By Dr. Ching-jang Huang, Secretary General of FANS

1. 10th ACN, 2007: Based on FANS Statutes, Article II, Objective 1b, the 10th Asian Congress of Nutrition was successfully held during September 9-13, 2007 in Taipei. This event, with nearly 1500 participants, fulfilled the objective of FANS.

2. Setup of FANS official website: An official website of FANS http://www.fans-web.org/ was developed in November 2007. The contents were originally based on the FANS newsletter No. 9 issue which was edited and published in September, 2007 by the past executive council, Immediate Past President Dr. C. Gopalan and Secretary General, Dr. Ramesh V. Bhat, India.

3. Minutes of the last General Assembly Meeting online: The minutes as well as the Secretary General Report of the last General Assembly Meeting (Sep.10, 2007 in Taipei), prepared by the immediate past Secretary General, Dr. Ramesh Bhat (India) as well as other news from FANS members have been posted on the FANS website and included in the FANS newsletter issue No.10. Consequently, the website has thus served as a communication platform of FANS. http://www.fans-web.org/contentbycategory.php?openview&start=1&count=30&catid=f6e805e42e0fc47521830d83e66042d

4. Welcome new and reactivated members: Vietnam Nutrition Association (Vinutas) was approved as a new member of FANS in the last General Assembly Meeting 2007. Lebanese Association for Nutrition and Food Sciences (LANFS) has reactivated its membership. Both have been listed in the FANS website “member” section. Currently, there is a total of 16 members.

5. Attending the 35th SCN: The thirty fifth session of the Standing Committee on Nutrition, United Nations System: Accelerating the Reduction of Maternal and
Child Undernutrition was hosted by the Government of Viet Nam, at Hanoi, 2-6 March 2008. President Po-Chao Huang and Secretary General Ching-jang Huang attended the 35th SCN on behalf of FANS. This is in accordance to the FANS Objective 1c.


7. Bid for the 12th ACN, 2015: According to the minutes of the last FANS General Assembly meeting (Sep. 10th, 2007), all interested countries should be provided with the opportunity to submit applications. FANS secretary General has thus sent an email to all FANS members on June 1, 2009, invited bidding to host the 12th ACN in 2015. Four members positively responded and were arranged to present and bid in the General Assembly Meeting of Oct. 7th, 2009. They are: Iran, Japan, Lebanon and Sri Lanka (by alphabetical order).

8. Funds to support young Asian nutrition scientists to attend the 19th ICN: In response to the request from the 19th ICN organizer, an email has been sent to all FANS members, asking to provide assistance in this regard. Four members responded positively, including Japan (USD$5000), Malaysia (USD$500 and subsidize 15 Malaysian members to attending the 19th ICN with USD$5000), Singapore (SGD$500.00) and Taiwan (USD$1000). This is in accordance to the FANS Objective 1a and is highly acknowledged.

9. Edit and print Newsletter No. 10 issue, 2009: The updated information of each member societies have been collected for editing and print of a new issue of FANS Newsletter. The website has also been updated accordingly. The cooperation of all the 16 member societies is highly acknowledged.

10. Preparation and holding General Assembly meeting at the 19th ICN: After arranging the time and reservation of a room at the 19th ICN, invitation has been sent to all FANS members and the Council members (Executive and Honorary).
Annexure 3
Minutes of 2009-1 FANS Executive Council Meeting

Time : 12:00, October 6, 2009
Room : delicious coffee shop of BITEC
Attendee : Po-Chao Huang, Ching-jang Huang, Mohd Ismail Noor, Cyndy Au(represented by Chow Pek Yee), Teruo Miyazawa, Kamala Krishnaswamy, Janaki Gooneratne

Agenda 1 Adoption of Agenda
Resolution: Adopted

Agenda 2 Approval of New Member Application
1. Hong Kong Nutrition Association and Mongolian Association of Nutrition and Food Service Management (MANFSM)
2. Application documents attached
Resolution: All the members of the executive Council approved the applications after the confirmation of the qualification of the applied societies meet the by-law of FANS.

Agenda 3 Other Business
(1) How to vote for host of 2015 ACN?
Resolution:
   1. The voting should be by a written ballot. The ballot should be prepared and signed by the Secretary General.
   2. President Po-Chao Huang and Honorary Council member Mohd Ismail Noor shall be the vote counting officers.
   3. The President will announce the name of the FANS Member with maximum vote.
   4. In the event of an equal votes, a re-election will be needed.

(2) Kamala Krishnaswamy: The IUNS will allocate a small fund to its regional affiliated body.

Resolution: It is suggested that a FANS executive Council meeting is held after the General Assembly Meeting to discuss this matter, after receiving suggestions from the General Assembly Meeting.
Minutes of 2009-2 FANS Executive Council Meeting

Time : 14:00, October 7, 2009
Room : Rm MR 225, level 2, Congress Center (BITC), Bangkok, Thailand
Chair : Dr. Po-Chao Huang, President of FANS
        Ching-jang Huang, Pek Yee Chow, Teruo Miyazawa, Kamala
        Krishnaswamy, Shanthi Gunawardena

Agenda 1  Adoption of Agenda

Resolution: Adopted

Agenda 2  Proposed Response of FANS to the inquiry of IUNS

Dr. Kamala Krishnaswamy, an executive council member, delivered the message that IUNS will allocate a small fund to its regional affiliated body. FANS should, thus, respond with the proposed use of the fund. It was decided to submit the following suggestions to IUNS:

2. Support the young Asian nutrition scientist to attend International Nutrition Conference.
3. Sri Lanka proposed to hold a workshop to create awareness among civil society partnerships in improving Nutrition Request Funding.

Support FANS website.

*These proposals were submitted to IUNS by Dr. Ching-jang Huang, Secretary of FANS, shortly after this meeting.*
Federation of Asian Nutrition Societies  
General Assembly Meeting, July 7th, 2009, Bangkok  

Summary Report of the Secretary General, for 2009-2011  
By Dr. Ching-jang Huang June 2011

1. 2009-1 Executive Council Meeting was held at 12:00, October 6, 2009 in the delicious coffee shop of BITEC at Bangkok during the 19th ICN. The meeting was chaired by President Po-Chao Huang, and attended by Secretary General Ching-jang Huang, Honorary Council Member Mohd Ismail Noor, Council members Cyndy Au (represented by Chow Pek Yee), Teruo Miyazawa, Kamala Krishnaswamy and Janaki Gooneratne. The minute has been presented in the General Assembly meeting held on the next day. Please see the Annexure 3 of the Minutes of the 2009 FANS General Assembly Meeting.

2. 2009 FANS General Assembly Meeting was held at 12:00, October 6, 2009 in the Room MR 225, level 2, Congress Center (BITC), Bangkok, Thailand during the 19th ICN. The meeting was chaired by President Po-Chao Huang, with the assistance of Secretary General Ching-jang Huang and attendance of Honorary Council Member Mohd Ismail Noor, Council members Cyndy Au (represented by Chow Pek Yee), Teruo Miyazawa, Kamala Krishnaswamy and Janaki Gooneratne as well as delegates from FANS members including: Bangladesh, China, India, Indonesia, Iran, Japan, Korea, Lebanon, Malaysia, Pakistan, Philippines, Singapore, Sri Lanka, Taiwan, Thailand, Vietnam, Hong Kong and Mongolia. Please see FANS newsletter for the minute of the 2009 FANS General Assembly Meeting.

3. A second (2009-2) Executive Council Meeting was held at 14:00, October 7, 2009 immediately after the General Assembly meeting, in response to the Agenda 8 of the General Assembly Meeting. The minute of this meeting is in Annexure 4 of the Minutes of the 2009 FANS General Assembly Meeting.

4. The Minutes of the 2009 FANS General Assembly Meeting was sent to Council members and FANS members for confirmation. It was then posted on the FANS website, http://www.fans-web.org/contentbypermalink/3e0bc90e73a21c466071806d92093349.

5. Welcome the two new FANS members: Hong Kong Nutrition Association and Mongolian Association of Nutrition and Food Service Management. They were adopted as new members of FANS in the 2009 FANS General Assembly Meeting. The FANS website has also been updated with the information of these societies.

7. Assistances were provided to organizers of 11th ACN from 2010 in terms of counseling for the scientific program, setting up the international advisory board, communication with FANS member countries, recommending sponsor, etc.

8. Holding of 11th ACN, 2011: Based on FANS Statutes, Article II, Objective 1b, the 11th Asian Congress of Nutrition will be held at July 12-16, 2011 in Singapore. This event fulfilled the objective of FANS. Thank the Singapore Nutrition and Dietetics Association for hosting this conference.

9. Edit and print Newsletter issue No.11, 2011: The updated information of each member societies have been collected for editing and print of a new issue of FANS Newsletter. The website has also been updated accordingly. A total of 15 FANS members have updated their society information in this new issue of FANS newsletter. The cooperation of the member societies is highly acknowledged.

10. Preparation and holding General Assembly meeting at the 11th ACN: After arranging the time and reservation of a room at the 11th ACN, invitation has been sent to all FANS members and the Council members (Executive and Honorary).
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BANGLADESH

Nutrition Society of Bangladesh

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Fax : 880-2-8823116
Cell : 01711849588, 01821999865
Web : www.icddrb.org

Year Established : 1971 (Registered in 1984)

Number of Members : Life Members : 421
General Members : 212
Honorary Members: Nil

Executive Council

President : Dr. Zahirul Haque Bhuiya, Ph D,
Ex Director
Institute of Food Science and Technology
BCSIR, Ministry of Science
Technology and Information
Govt. of Bangladesh, Dhaka.

Vice President : Mr. M Abdul Wahed, BSc
Former Head and Associate Scientist Nutrition
Biochemistry Laboratory, LSD, ICDDR,B, Dhaka
Ms. Shaheen Ahmed MS Med Edu
Former Principal, Govt. College of Home Economics,
Azimpur, Dhaka

General Secretary
In Charge : Ms. Rasheda Zaman, M Sc
Former Head,
Activities of the NSB (2006-2008)

Meetings: The Nutrition Society had 4 Executive Council meetings every year.

Membership increased to more than 150 during the period of reporting.

There were 10 National Organizations who are represented in the Executive Council and are engaged in the nutrition Policy, Programs and Training activity in the country.

During the above period, Nutrition Society jointly conducted Research with Bangladesh National Nutrition Council on Impact of Food price on Child Nutrition
There was a symposium on "Infant and young child feeding" jointly with the Bangladesh Breastfeeding Foundation.

The NSB conducted a 80 hours training course on "Clinical Nutrition with Dietary management of hospitalized patients" jointly with Nutrition Foundation of Bangladesh.

The NSB conducted 5 National Television discussion on dietary habits and healthy life style for children, adolescent and Women.

The society provided leading role in critical evaluation of National Nutrition Program of Bangladesh through the National Baseline survey and follow up survey.

Several large NGOs in Bangladesh are taking services of the NSB members for improving the nutrition services in the community level and has employed nutrition graduates in key positions of planning and programs.

Members of the Nutrition Society of Bangladesh supervised about 30 research work on nutrition of the M.Sc and M.Phil students in University of Dhaka during this period.

NSB continues a high productivity of future generation of nutritionists for the country.

The society continues training courses on research methodology for the graduate and undergraduate studies collaborating with Nutrition Foundation of Bangladesh.

The Society played a key role to foster research and program of scaling up of zinc in the treatment of diarrhoea in Bangladesh.

Career Development in NSB: During last 3 years, 2 young members completed their Ph Ds, 5 completed M.Sc in Nutrition and several are in study in overseas universities.

Members published more than 100 articles during the last 3 years.

The Government of Bangladesh has given high priority to nutrition activity and has 3 institutions and one very large programme (NNP) to improve situation. The NSB continues to assist the policy and program of the Government as required and always.
CHINA

CHINESE NUTRITION SOCIETY

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Fax: 86-10-83554780
Web: www.cnsoc.org

Year Established: 1945, Reestablished in 1981

Executive Council

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100053 Beijing, China.
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Standing Vice-President: Professor Zhai Fengying
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Activities

1. Organizations

1. The number of CNS members has expanded rapidly in recent years, from 7,880 in 2004 to 14,045 in 2010 (including student members). Newsletters in both printed and electronic version downloadable from the CNS website are published bimonthly for members. The 7th Council of CNS was established by election in March 2009, composed of 93 members, among whom 29 were members of the Standing Board, including the President, the Former President & Principal Consultant, 5 Vice-presidents, and the Secretary General. Under the council there are 6 working committees and 7 branches of professional specialization.

2. CNS compiled and published “The History of Chinese Nutrition Society” in 2008. It describes from the very early stage of the formulation of a nutrition professional group in 1930s in combination with the development of modern nutrition science in China till 2008. It also includes the organization, the activities, the publications and the prominent nutrition experts in China.

2. Academic Activities

1. CNS has organized 52 academic meetings and nutrition knowledge updating classes with 8280 participants, 2318 papers submitted and 75 proceedings printed from 2006-2010. In October 2008, CNS conducted successfully the 10th national nutrition conference in Beijing. There were 15 plenary presentations, 98 oral presentations and 80 posters in different sessions. About 620 participants from all over China joined this conference.

In addition to the regular academic conferences and symposiums as planned each year, CNS has also organized many discussions on newly arising specific topic concerning controversies, hot points and frontier issues in nutrition and health in China.

2. CNS and IUNS jointly conducted the first and second “Leadership Training
and Capacity Building Programs in China” in June 2008 and September 2009, respectively. A total of 82 trainees recommended by provincial and municipal nutrition societies, attended the training courses.

3. In Apr. 2010, CNS successfully hosted the conference “Impact of Dietary Transition on Public Health: Challenging and Coping” in Sichuan Province, with 355 participants, including 19 from Hong Kong, 18 from Taiwan, and 1 from Macao, and 246 papers presented. The conference focused on academic exchanges among nutrition experts from mainland, Hong Kong, Macao, and Taiwan, on the impact of dietary transition on public health, through the aspects of nutrition investigation, associations between nutrition and chronic diseases, nutrition intervention etc.

4. The current version of Chinese Dietary Reference Intakes (DRIs) was published in 2000. Recently, the CNS has started revising the DRIs and the new version is scheduled to be published by early 2013.

5. During 2007-2010, 51,400 copies of Acta Nutritmenta Sinica - the only academic comprehensive nutrition journal in China, have been issued nationwide with 625 papers published, which have been absorbed to several academic databases in China.

3. Nutrition Foundation and Awards

1. CNS Foundation of Nutrition Research
The foundation was set for promoting nutrition research in China, 2 million RMB yuan was provided per year (a donation of a Chinese company) to support 10 to 20 research projects. In 5 years, from the year 2003 when the foundation was established to the year 2007, 54 research proposals were funded.

2. CNS Awards of Nutrition Science and Technology
From the year 2006 to 2010, CNS has awarded 3 rounds of prize and a total of 372,000 RMB yuan to 21 research projects which made outstanding achievements in nutritional science and technology, including 3 first-class prizes, 5 second-class prizes and 13 third-class prizes.

4. Popularization of Nutrition Knowledge

1. In view of the fact that the food consumption has changed considerably in this decade, a thorough revision of the Chinese Dietary Guidelines and Food Guide Pagoda by CNS was taking place in 2007 with the support of the Ministry of Health, P. R. China. A new version of the Chinese Dietary Guidelines was promulgated by the Ministry of Health in January 2008. It
consists of the guidelines for general population, Guidelines for specific population groups and the Food Guide pagoda. Besides, CNS is now writing Chinese Dietary Guidelines for Eating Out, which is intended to be finished by Jun. 2011. Multiform activities for popularization of nutrition and health knowledge have been organized as well.

2. Since the year 2005, CNS started to bring nutrition knowledge to the countryside in connection with the nationwide program—“popularization of science and technology” lunched by the China Association of Science and Technology. Experts gave lectures and Q&A in public. It emphasized the nutrition and health problems in remote, poor rural areas. In addition, CNS has organized a training class annually for the nutrition professionals to update their knowledge.

3. CNS has been carrying on a project of “helping the poor” by providing one egg per day for free to each of nearly 700 students in three primary schools in needy areas of Lvliang, Shanxi Province, and at the same time, carried out a series of nutrition assessments among the students once a year since 2007.

5. International Academic Activities

1. Participate in international conferences
The CNS delegates attended the 19th International Congress of Nutrition in Bangkok, Thailand, in Oct 4-9, 2009, during which Prof. Xiaoguang Yang, a standing council member of CNS, was elected as a council member of IUNS from 2009-2013. This is the second time a Chinese nutrition scientist was elected for this position.
In 2006, CNS hosted jointly the 5th Asia Pacific Clinical Nutrition Society Conference (5th APCNSC) at Zhejiang University. President Keyou Ge made a speech on behalf of CNS at the opening ceremony, and 6 speakers from CNS presented their papers at the meeting.
In September 2008, the key persons of CNS attended the 15th International Conference of Dietician in Japan and presented papers on Recent Nutrition Works and The Current Status of Food Labeling in China.

2. During the past few years, CNS has received 8 international delegations and a total of about 170 visitors coming from the United States, Australia, Vietnam, Russia, and Japan etc. Experts from various countries exchanged information and views with CNS people, about existing nutrition problems, authentication of nutritionist training, nutrition surveys, dietary guidelines, and also experiences in using traditional herbal medicine to protect people from diseases. The possibility of further cooperation had been discussed as well.
6. Undertaking tasks Assigned by the Government

Entrusted by Ministry of Health, CNS had been drafting out the “Regulations for Better Nutrition of Chinese Population” continuously in the past few years. The final version of the “Regulations” was completed and promulgated in 2010.
Hong Kong

Hong Kong Nutrition Association

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          Web: www.hkna.org.hk

Year Established: 1980

Number of Members: Full members: 209

Executive Council

Honorary Members: Dr. Susan Lui
                   Mrs. Veronica Ho

Executive Committee 2010 – 2011

President: Mr. Gordon Cheung
           E-mail: president@hkna.org.hk

President-elect: Mr. Terry Ting
                E-mail: preselect@hkna.org.hk

Hon. Secretary: Mr. Frankie Siu
               E-mail: secretary@hkna.org.hk

Hon. Treasurer: Ms. Carmela Lee
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Internal Coordinator: Dr. Susan Lui
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FANS NEWSLETTER 38 No. 11, July 2011
Activities

HKNA believes that continuing education is essential to maintain the high standard of the profession in the area of nutrition and dietetic. A continuing education system has been set up since 2007. Members are required to earn a certain level of continuing education (CE) points for membership renewal. The association aims at providing regular academic activities for the members in order to keep them updated of the newest information and knowledge in the nutrition and dietetic field. The following are the activities that had taken place since 2010:

- 2011-04-29 Common Eating Problems in Clinical Paediatric Practice
- 2011-03-17 Revisit the Issue on Cholesterol and Hypocholesterolemic Functional Foods
- 2010-12-10 You Are What Your Parents Eat: The Impacts of Fetal Programming
- 2010-11-10 5th Asian Congress of Dietetics, Bangkok, Thailand
- 2010-10-30 HKNA 2010 Fitness Camp
- 2010-10-20 Seminar on Breaking the Code of GM Food cum HKNA Open Forum
- 2010-08-25 Update on Treatment of Food Allergies
- 2010-06-30 HKNA Taipei Site Visit Tour
- 2010-04-20 Chengdu, Sichuan Conference: Impact of Dietary Transition on
Public Health: Challenging and Coping

- 2010-03-25  Sharing Session on The 19th International Congress of Nutrition
- 2010-01-28  Dietary Glutamate the Role in a Healthy Diet

The association also joined hands with other professional organizations, both local and international, to provide academic and scientific meetings to the members. The followings are some of the events that had taken place since 2010:

- 2011-04-06  Symposium: Aggressive Management of Pressure Sore in Elders: A Surgical and Nutritional Approach
- 2011-01-14  Symposium on Infant Feeding 2011
- 2010-10-13  8th Certificate Course in Cardiac Rehabilitation
- 2010-10-02  East Meets West 2010
- 2010-10-01  East Meets West 2010
- 2010-09-29  Current Programme and Future Prospects for Nutrition Professionals in China
- 2010-07-16  Infant Growth, Development and Long Term Health
- 2010-06-22  New Era in Nutrition: Food Labeling/ Implication of Labeling Law on Childhood Nutrition
- 2010-05-18  Children’s Eating Behaviors: Normal Development & Intervention for Problem Behaviors/ Clinical Outcome of Intervention of Picky Eaters
- 2010-05-16  Practical Information and Solutions for Children Problematic Eating Behaviors
- 2010-04-29  Strategies to Feed Cancer Patients
- 2010-04-12  GM Crops and Foods: Are They Safe? Do We Need Them?
- 2010-02-26  European Union – Hong Kong International Workshop on Nutrition Profiles
- 2010-02-25  Building Confidence on Food Safety Together: Roles of Government, Industry and Academics
- 2010-02-04  Updates in Breast Milk Composition and Optimal Child Development
- 2010-01-06  Infant Nutrition – Certificate Course on Pediatric Nutrition

National meetings

HKNA participates in a number of regional and national meetings in the past years, listed in the following:

- International Congress of Nutrition 2009
- IUNS general meeting 2009
- FANS annual meeting 2009
- Asian Congress of Dietetics 2010
- Nutrition Conference of Great China Region 2010
Symposia:
- Supporting organization for 8th Certificate Course in Cardiac Rehabilitation organized by Hong Kong College of Cardiology

Collaboration with government and universities

HKNA involves actively with the government on various public education campaigns initiated by the Department of Health such as Eatsmart@Restaurant, Eatsmart@School, StartSmart@School, Taskforce of Hong Kong Code of Marketing of Breast Milk Substitute, Database of Prepackaged Snacks and education tools for breast milk substitutes. The association also joined the Education Taskforce on Nutrition Labelling of the Centre for Food Safety, aiming to develop educational tools for the general public.

The association is now collaborating with 2 major universities, The University of Hong Kong (HKU) and The Chinese University of Hong Kong (CUHK) to organize an internship programme to Food and Nutritional Sciences students. The association is also collaborating with School of Public Health, CUHK to conduct a research on the growth of preschoolers and to provide group education and individual consultation to overweight and underweight preschoolers, respectively.

Collaboration with local nutrition and dietetic associations

Since Hong Kong does not have local registration for dietitians, HKNA has been working with Hong Kong Dietitians Association (HKDA) and Hong Kong Practising Dietitians Union (HKPDU) in pursuing local dietitian registration. Several activities to increase government and public awareness of the importance of regulating dietitian in protecting public health were carried out since 2008. For example, in December 2010, HKNA working with HKDA and HKPDU held an event “100 Diabetics & Dietitians, Enjoy Buffet in a Healthy Way”. This event was organized to highlight dietitian’s therapeutic role in disease management. A hundred diabetic patients were invited to enjoy Christmas buffet lunch where 23 dietitians gave dietary advice and provided counseling on food choice and portion control. Mass media was also invited to report this event.
INDIA

NUTRITION SOCIETY OF INDIA

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FANS NEWSLETTER 43 No. 11, July 2011
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ACTIVITIES OF THE YEAR 2010-11

Nutrition Society of India (NSI) founded by Dr. C.Gopalan, over the years has emerged as an effective and efficient forum to discuss current nutritional policies and programmes of national importance. The Headquarters of the Nutrition Society of India is located at National Institute of Nutrition, Hyderabad, Andhra Pradesh, India. The Society has 36 Chapters spread over the country and is engaged in conducting local chapter activities round the year. The Society consists of 4103 members on the roll, 3282 being Life Members, 177 ordinary members and 644 student members drawn from different disciplines such as Food Science & Nutrition, Medicine, Home Economics, Agriculture, Biology, Food technology, Statistics and Social Sciences, thereby making it as a Society of multi-disciplinary nature. The NSI has been organizing Annual National Conference every year. The Society disseminates professional information through numerous Chapters spread all over India. The society serves as the local point of a network of National, Continental (Asian) and International Union of Nutritional Sciences (IUNS).

42nd NATIONAL CONFERENCE OF THE SOCIETY

This year the Society conducted its 42nd Annual National Conference which was organized by NSI Mumbai Chapter by Dr. Kasturi Sen Ray, the Convenor and the Organizing Chair at the Residence Hotel and Convention Centre, Powai, Mumbai. The theme of the conference was “Wholesome Nutrition: Challenges, Scope and Management”.

A Pre-Conference Workshop on “Instrumental analysis of food an update” and “Guidelines for manuscript preparation for publication” was also organized on 18th November 2010 for the benefit of student members. About 300 student delegates pursuing Master’s Degree or Doctoral Degree attended this workshop.

The main conference of the Society was held on 19-20 November 2010. The conference was attended by about 700 delegates and invitees. The highlights of the conference were

- Symposium 1 on “Changes of Under and Over Nutrition: Economic, Sociological and Psychological Burden”
- Symposium 2 on “Approaches to Wholesome Nutrition”
- Thirty fourth Gopalan Oration
- Twenty Second Srikantia Memorial Lecture
First Rajammal P Devadas Memorial Award  
Life Time Achievement Award instituted by Mumbai Chapter  
Young scientists’ awards session  
Free communications sessions (Oral and Poster)  
Exhibition

The conference was inaugurated by Dr.V.Pra kash, President, Nutrition Society of India on 19th November 2010 and Dr. Chandra Krishnamurthy, Vice-Chancellor, SNDT Women’s University, Mumbai, was the Chief Guest. Dr.B.Sesikeran, Director, National Institute of Nutrition, Hyderabad read out the Message sent by Dr.C.Gopalan, Founder President of the Society.

Dr.C.Gopalan, in his message said that “our policy makers have now come to recognize that achieving the nutritional well-being of all our people is important not only for health promotion but for overall improvement of our human resources and for national development”. He hoped that the members of the Society will disseminate the valuable information on knowledge regarding nutritive value of Indian foods especially to the middle- and low-income groups. He suggested that the Departments of Food and Nutrition of Home Science Colleges should identify low-cost, food items on the basis of their nutritive value and formulate appropriate regional menus featuring these food items and help to popularise them among the community. These can be introduced in the Mid-Day Meal menus and ICDS cooked food programmes. He also pointed out that considerable part of the undernutrition in our children is on account of poor absorption of nutrients, due to infections arising from unhygienic environments and contaminated food. In his message Dr.Gopalan highlighted the fact that children who are stunted in early childhood because of malnutrition and who subsequently improve their nutritional intake may be more vulnerable to overweight and obesity in adulthood, with the attendant risks of the so-called ‘lifestyle diseases’ such as diabetes and hypertension. In his message, Dr.Gopalan emphasised that making physical exercise and fitness a habit early in life will pay rich dividends throughout the lifespan and said this important message must reach every Indian.

Dr. Kamala Krishnaswamy, former President of NSI also addressed the delegates on this occasion. Dr. Mrunalini Paur, Chancellor, MS University of Baroda, released the Souvenir brought out for the occasion.

Symposium 1 on “Changes of Under and Over Nutrition: Economic, Sociological and Psychological Burden”

The speakers for this symposium were 1) Dr. Prema Ramachandran, Director, Nutrition Foundation of India, New Delhi spoke on “Burden of non-communicable disease”; 2) Dr.Abhishek Bhargav, Consulting Physician, Ex Intensivist Bombay Hospital, Mumbai on “Economic, sociological and physiological burden of communicable diseases” 3) Dr.Sahnaz Vazir, ICMR Emeritus Medical Scientists,
National Institute of Nutrition, Hyderabad on “Childhood malnutrition: Economic, social and psychological burden” and 4) Dr.Seema Puri, Associate Professor, Dept. of Nutrition, Institute of Home Economics New Delhi on “Economic, sociological and psychological burden of geriatric malnutrition”.

Symposium 2 on “Approaches to Wholesome Nutrition”
The speakers for this symposium were 1) Dr. R.Jayaram, Consultant, Ex Britania, New Delhi, on “Fusion between food products and nutrition” 2) Dr.Lalitha Bhattacharya, Nutritionist, National Food Policy Capacity Strengthening Programme, Food and Agriculture Organization of the United Nations, Bangladesh on “Food safety and nutrition security” 3) Dr.Kiran Kumar Sharma, Genetic Transformation Laboratory, International Crops Research Institute for the Semi-Arid Tropics (ICRISAT), Hyderabad on “Transgenic approaches for biofortification of crop plants for nutritional security” 4) Dr.Jee Rah, Nutrition Manager, DSM-WFP Partnership, Switzerland on “Role of international agencies in nutrition security” and 5) Dr.Vilas Shirhatti, Marico Ltd, Mumbai on “Addressing public health issues through nutrition and food technology”.

The Thirty Fourth Gopalan Oration
The prestigious Gopalan Oration was delivered by Prof. David Barker, Professor, Clinical Epidemiology, University of Southampton, UK, Professor in Cardiovascular Medicine, Oregon Health and Science University, US on “Nutrition in the Womb”.

Twenty Second Srikantia Memorial Lecture
The Twenty second Srikantia Memorial Lecture was delivered by Dr. B. Sivakumar, Former Director, National Institute of Nutrition, Hyderabad on “Carotene Conversion to Vitamin A is not inefficient”.

First Rajammal P Devdas Memorial Award
The Rajammal P Devdas Memorial Lecture Award was instituted by the Nutrition Society of India, in association with Avinashilingam Education Trust and Avinashilingam University for Women in the year 2009. The First Dr.Rajammal P. Devdas Lecture was delivered by Dr. Mahtab S Bamji, INSA Hon. Scientist, Dangoria Charitable Trust, Hyderabad on “Striving for village-level nutrition security-challenges and opportunities”.

Life Time Achievement Award
This year, the Mumbai Chapter honoured Dr. G. Subbulakshmi, Nutrition Consultant, Former Director, DPGSR in HSc., SNDT Women’s University, Mumbai with a Life Time Achievement Award.

Awards Sessions
During the awards sessions 25 papers were presented in the Young Scientists Awards Session, 30 papers were presented in the Oral Presentation Session and
143 posters were presented at the Poster Session.

**ACTIVITIES OF LOCAL CHAPTER**

The two new local chapters were formed during this year. They are 1) Bhagalpur chapter at Department of Geology, PNB College, Bhagalpur, Bihar and 2) Marathwada chapter at Department of Foods & Nutrition, College of Home Science, Marathwada Agriculture University, Parbhani, Maharashtra.

At present there are 36 Local Chapters of NSI located at various parts of the country. The main activities of these chapters are conducting panel discussions, special lectures, popular lectures, demonstrations, exhibitions and in organizing special events like National Nutrition Week, World Health Day, World Food Day throughout the year.

**FUTURE ACTIVITIES OF NSI**

- 43rd Annual National Conference of Nutrition Society of India will be held on 11th and 12th of November 2011 at National Institute of Nutrition, Hyderabad.
- A pre-conference workshop is proposed to be organized on 10th November 2011.
INDONESIA

INDONESIAN NUTRITION ASSOCIATION

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Year Established : 1957

Executive Council

President : Dr. Arum Atmawikarta, S.K.M., M.P.H.
Vice President : Dr. Minarto, M.P.S. (Organization Department)
Abidillah Mursyid, S.K.M., M.S. (Education & Training Department)
Dr. Sandjaja, M.P.H. (Science & Publication Department)
Prof. Dr. Ir. Hardinsyah, M.S. (Community Nutrition Department)


ACTIVITIES:

Indonesian Nutrition Association is a professional body consisting of Nutrition Professionals in Indonesia. We have more than 10,000 members from 33 provinces. Professionally our members are positioned as policy makers, academic, researchers, community workers, educators and dietetic practitioners. Indonesian Nutrition Association as change of agent, advocate, motivator, community empowerment for the benefit of the community.

1. A seminar / workshop was held in collaboration with Ministry of Health, Ministry of Education and NGOs on the establishment of Nutrition Education Regulation, Nutrition Professional Regulation, and improving the skill of Nutrition and Dietetics.
2. Preparing the regulation of Nutritionist and Dietetions.
5. Developing a Nutrition Standard of Educations as well as the Nutrition Professional Standard of Education.
6. Conduct a Research about Early Children Education.
7. Involved in training and seminar about Exclusive Breastfeeding and Early Initiation of Breastfeeding.
IRAN

IRANIAN NUTRITION SOCIETY (ATA)

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Website: www.ata-nut.org

Year Established: 1985
Membership: 2500 (900 active)

Executive Council

President: Dr. Mohamad-Reza Vafa
Secretary General: Mrs. Mansoureh Javadzadeh
Treasurer: Mrs. Mehrnaz Ghanizadeh
Public Relation: Mr. Majid Hassan-Ghomi
Ordinary Members: Dr. Hossein Ghassemi
Mrs. Nasrindokht Vafaie
Mrs. Farah Gahremani
Mr. Seyed Vahabodin Rezvani

International Affiliations

- International Union of Nutritional Sciences (IUNS) since 1985.
- Federation of Asian Nutrition Societies (FANS) since 1988.
- Middle East and North Africa Nutrition Association (MENANA) since 2007.

The Iranian Nutrition Society (ATA) was established in 1985 based on 3 principles:

- *Independence of individual ownership*
- *Independence of organizational attachment*
- *Maximum participation*

Because of the above principles, ATA has developed into an independent scientific association and is run solely by volunteers; most of them are nutritionists and dietitians who devote their spare time to assisting in the continuing development of their profession.
ATA major goals are “promoting and expanding the knowledge of nutrition within the community and protecting the professional rights and dignity of nutritionists”.

The main tasks of ATA to achieve the above-mentioned goals are as follows:

1) To facilitate exchange of knowledge in nutrition research and education, as well as counseling services in research, educational, laboratory and therapeutic matters, among nutritionists and other health and nutrition workers.

2) To act as a forum for cooperation among professionals, experts, and the public at large in nutrition

3) To establish coordination and cooperation in educational, research and counseling services, as well as in clinical and laboratory nutrition matters, among universities and government and non-government organizations–scientific and non-scientific–throughout the country, if and when requested.

4) To establish contact with national and international organizations and scientific societies active in the field of nutrition sciences or related fields.

5) To organize seminars, symposia, lectures, and panel discussions in various areas of nutrition, and to assist other societies, scientific and research institutes, in organizing congresses and meetings.

ATA attempts to expand its activities and collaborations through:

a) Publishing a seasonal "ATA Newsletter" and a biannual "Iranian Journal of Nutrition" (MATA).

b) Organizing group trips (e.g., to participate in scientific meetings and to visit scientific and research centers in or outside the country).

c) Introducing the activities of Iranian nutrition scientists and professionals in national and international gatherings through publications, participation in congresses, etc.

d) Cooperating with private and government organizations to improve the food and nutrition system in the country, in order to help upgrade the national nutrition situation.
ATA activities during 2006-2008

National and International Meetings and Gatherings:

- Organizing and convening the 9th Iranian Nutrition Congress with the theme “Food and Nutrition Security: Present Challenge, Future Necessity” (Tabriz Sep 4-7, 2006).
- Organizing and holding Food & Nutrition Research seminar (Tehran Sep 2008).
- Organizing and holding many workshops on various dietetic topics.
- Organizing monthly scientific lectures on various nutrition topics.
- Celebrating the 23rd anniversary of ATA on Jan 4, 2008 (Sir-Soor Celebration).

Publications of the Society

- Iranian Journal of Nutrition (MATA, 2 issues/y).
- ATA Newsletter (4 issues/y).
- Different booklets and pamphlets on various nutritional topics.

ATA Organization Chart

The society consists of 4 groups in Tehran, 8 groups (TASH) in 8 provinces and 9 committees.
The Groups are:

Education and Research
Dietetics
Government and Private Sector Employees
Graduates and Students
TASH in 8 provinces

The Committees are:

Organization and Planning (KOTAB)
Membership
Public Relations and Publications (RAVAN)
International Relations (KORBA)
Academic Nutrition Education (KADET)
Public Nutrition Education (KAHET)
Research (KAP)
Financial (KAM)
Nutrition Congress Coordinating (HAMBAK)
Japan

The Japanese Society of Nutrition and Food Science (JSNFS)

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Year Established: May 2, 1947
Membership: 4,555 (3,358 active)

Executive Trustees [June 2010 - May 2012]

President: Prof. Hitoshi Ishida, M.D., Ph.D.
Kyorin University

Former-President (2008-2009)
Prof. Kazumi Yagasaki, Ph.D.
Tokyo University of Agriculture and Technology

Vice-president: Prof. Teruo Miyazawa, Ph.D.
Tohoku University

Vice-president: Prof. Kinsuke Tsuda, M.D., Ph.D.
Kyoto University

Trustee in Charge of General Affairs: Prof. Hisanori Kato, Ph.D.
The University of Tokyo

Prof. Toshinao Goda, Ph.D.
Activities
The JSNFS council holds a General Assembly Meeting, Board meeting, 5 Council Meetings, 13 Executive Member’s Meetings, etc.
The activities currently carried out by the JSNFS are as follows:
The council held the 63rd and the 64th Annual Meetings, published bimonthly two official journals [Nippon Eiyo-Shokuryo Gakkaishi (Journal of JSNFS), and Journal of Nutritional Science and Vitaminology (JNSV)], improved society’s home page, including its English version, and sent monthly EiShoku News (a direct mail magazine to members).

1. The 63rd Annual Meeting of the Society was held during May 20-22, 2009, in Nagasaki City, organized by Professor T. Oku in Kyushu-Okinawa Branch of JSNFS. The inaugural session and all scientific sessions were held at the Nagasaki Brick Hall. This meeting had 2,050 participants and about 707 presentations including the plenary lectures, 10 symposia, and 640 regular papers.

2. The 64th Annual Meeting was held during May 21-23, 2010, in Tokushima City, organized by Professor E Takeda in Chugoku-Shikoku Branch of JSNFS. The inaugural session and all scientific sessions were held at ASTY Tokushima. This meeting had 1,707 participants and about 719 presentations including the plenary lectures, 9 symposia, and 669 regular papers.

3. The 65th Annual Meeting was held during May 13-15, 2011, in Tokyo, organized by Professor K. Kondo in Kanto Branch of JSNFS. The inaugural session and all scientific sessions were held at Ochanomizu University. This meeting had 2300 participants and about 760 presentations including the plenary lectures 14 symposia, and 699 regular papers.

Invited Honorary Lectures

1. Health benefit effects of Doenjang, Korean traditional fermented food, as a functional food Prof. Dr. Hong Soo Ryu (President, Korean Society of Food Science and Nutrition (KFN))

2. Effect of citronellol and the Chinese medical herb complex on cellular immunity of cancer patients receiving chemotherapy/radiotherapy Prof. Dr. Chin-Kun Wang (President, Nutritional Society of Taiwan (NST))

Special Lectures

1. Nutrition in New Era
   Dr. H. Itakura (Ibaraki Christian University, Honorary professor)

2. Integrated Science of Functional Food
   Dr. K. Abe (The University of Tokyo)
3. Medical View of Nutrition  
Dr. T. Teramoto (Teikyo University)

4. Nutritional View of Medicine  
Dr. T. Nakamura (Kanagawa University of Human Services)

Plenary Lectures
1. Current Status and Problems of Functional Food  
Dr. H. Tsuji  
(Okayama Prefectural University.)

2. Blood Pressure Control and Sodium, Potassium, and Alcohol  
Dr. K. Kushiro (Nihon University)

3. Super System of Life and Survival  
Dr. M. Inoue (Osaka City University)

4. Therapeutic Significance of Low-Protein Diets in Diabetic Kidney Disease  
Dr. K. Utsunomiya (The Jikei University School of Medicine)

5. Mathematical Formulation of Tastiness  
Dr. T Fushiki (Kyoto University)

Symposia
1. International Symposium: Topics on Nutrition and Food Science in Human Health  
Dr. Jin H. Song (Medical University of South Carolina)  
Dr. Toshimasa Yamauchi (The University of Tokyo)  
Dr. Shaikh M. Rahman (University of Colorado Denver)

2. Basis of Obesity and its Clinical Application

3. Interaction between Micronutrients and Body Function

4. Dietary Education for Different Life Stages

5. What is “Koku” (Rich Property) of Food?

6. New Trend in the Study of Physiological Functions of Amino Acids through Collaboration between Medicine and Agriculture

7. Current Topics in the Study of Lipid Metabolism
8. Evidence of Prevention, Treatment, and Nutritional Epidemiology of Diseases of Japanese Population
9. Locomotive Syndrome and Nutrition
10. Science for Food Safety — From Farm to Table
11. Exploring the Contact between Inflammation and Nutrition
12. Consumer-Friendly Nutrition Labeling
13. Emergency Nutrition
14. New Development of Functional Food (Joint Symposium)

Satellite Symposium: May 14, 2011

4. The forthcoming 66th Annual Meeting will be held during May 18-20, 2012, at Tohoku University, organized by the Tohoku Branch.

5. Seven Regional branches held their own annual meetings and symposia.

1. Hokkaido Branch (President of a Local Section: Prof. Y. Arakawa, Tenshi College, 157 active members)
The 40th Annual Meeting of Hokkaido Branch and a symposium on “Lipids metabolism and diet” were held on October 24, 2010, at Tenshi University, Sapporo City.

2. Tohoku Branch (President of a Local Section: Prof. T. Nagasawa, Iwate University, 203 active members)
The 44th Annual Meeting of Tohoku Branch and a symposium on “Nutrition support system NST for health recovery and current status and future of region cooperation” were held on November 6, 2010, at Miyagigakuin Women’s University, Sendai City.

3. Kanto Branch (President of a Local Section: Prof. K. Suzuki, Tokyo University of Agriculture, 1,540 active members)
The 86th Annual Meeting of Kanto Branch and a symposium on “Functional utilization of food material in Japan and neighboring nations (China, Korea, Taiwan)” were held on December 4, 2010, at Tokyo University of Agriculture, Tokyo. The 13th Lipid Nutrition Symposium entitled “From the Nutrient Study to the
Diet Study” was held on January 29, 2011, at Kao Hall, Tokyo. The 87th General Meeting of Kanto Branch symposium on “After three years from the start of particular health check and particular health guidance system” was held on July 3, 2011..

4. Chubu Branch (President of a Local Section: Prof. T. Hayakawa, Gifu University, 479 active members)
The 59th Annual Meeting of Chubu Branch and a symposium on “Dietary reference intake and latest information of micronutrients” were held on July 10, 2010, at Gifu University, Gifu City. The 60th General Meeting of Chubu Branch entitled “Energy and dietary reference intake and latest information of macronutrients” was held on November 13, 2010, at Gifu University, Gifu City.

5. Kinki Branch (President of a Local Section: Prof. Yoshihisa. Nakano, Osaka Prefecture University, 857 active members)
The 49th Annual Meeting of Kinki Branch and the lectures were held on October 16, 2010, at Osaka City University. The 1st Forum for young investigator on “Human nutrition—thinking the nutrition problem of elderly people” was held on February 26, 2011 at Cultural Exchange Center of Osaka City University.

6. Chugoku-Shikoku Branch (President of a Local Section: Prof. H. Tsuji, Okayama Prefectural University, 447 active members)
The 43rd Annual Meeting of Chugoku-Shikoku Branch and special lectures on “Aiming at extending healthy life span” were held on November 6, 2010, at Kochi Women’s University, Kochi City. The Open Forum for Citizen of Chugoku-Shikoku Branch entitled “Think about the present-day food and health” was held on December 11, 2010, at Purity Makibi, Okayama City.

7. Kyushu-Okinawa Branch (President of a Local Section: Prof. T. Oku, University of Nagasaki, Siebold, 412 active members)
The Open Forum for Citizen of Kyushu-Okinawa Branch on “The present-day topics over food and nutrition” was held on April 24, 2010, at University of Nagasaki, Siebold, Nagasaki City. The 64th Annual Meeting of Kyushu-Okinawa Branch and the Open Forum on “Food, Nutrition, and Health” were held on September 1, 2010, at Miyazaki tourist hotel, Miyazaki City.

International Activities
1. JSNFS represents Japan in FANS.
2. The JSNFS council informed and encouraged the members to participate in the 11th Asian Congress of Nutrition on July 13-16, 2011, in Singapore.

Publication
Journal: The following two journals are published regularly.
2. Journal of Nutritional Science and Vitaminology (JNSV, bimonthly in English), Other publications: Books contributed by JSNFS members were supervised by the society and published.

Awards
1. JSNFS Award for Distinguished Service (Saeki Memorial Award)
   2009
   Prof. Dr. Motoko Sakamoto (President of Wayo Women’s University)
   Prof. Dr. Heizo Tanaka (President of Koshien University)
   2010
   Prof. Dr. Hiroshige Itakura (Ibaraki Christian University)
   Prof. Dr. Seiichi Homma (Tokyo University of Agriculture)
   2011
   Prof. Dr. Mitsuko Okazaki (Kagawa Nutrition University)
   Prof. Dr. Akihiro Okitani (Nippon Veterinary and Life Science University)
   Prof. Dr. Tsuneyuki Oku (University of Nagasaki, Siebold)

2. JSNFS Award for Excellence in Research
   2009
   Prof. Dr. Kimio Sugiyama (Shizuoka University)
   Prof. Dr. Tohru Fushiki (Kyoto University)
   Prof. Dr. Teruo Miyazawa (Tohoku University)
   2010
   Prof. Dr. Kiharu Igarashi (Ymagata University)
   Prof. Dr. Motoni Kadowaki (Niigata University)
   Prof. Dr. Kenichi Miyamoto (Tokushima University)
   2011
   Prof. Dr. Yoshiharu Shimomura (Nagoya University)
   Prof. Dr. Hiroshi Hara (Hokkaido University)
   Prof. Dr. Koji Yamada (Kyushu University)

3. Young Investigator Award of the JSNFS
   2009
Dr. Koji Nagao (Saga University)
Dr. Tsutomu Fukuwatari (Shiga Prefectural University)
Dr. Kazuki Mochizuki (Shizuoka Prefectural University)

2010
Dr. Masashi Kuwahata (Kyoto Prefectural University)
Dr. Hideo Satsu (The University of Tokyo)
Dr. Ippei Yamaoka (Otsuka Pharmaceutical Factory, Inc.)

2011
Dr. Miki Igarashi (University of California Irvine)
Dr. Jun Inoue (The University of Tokyo)
Dr. Yoshiyuki Mizushima (Kobe Gakuin University)

4. The Nutrition and Food Science Fund of JSNFS
2009
Dr. Satoshi Nagaoka (Gifu University)

2010
Dr. Katsuko Kajiya (Yamaguchi University)

2011
Dr. Kazunori Koba (University of Nagasaki, Siebold)
Dr. Takako Yamato (Nakamura Gakuen University)

5. Special Research Fund of Nutrition and Food Science
2011
Dr. Takanori Tsuda (Chubu University)

Committee’s Activities

1. Editorial Board
Chair of Journal of JSNFS (Nippon Eiyo-Shokuryo Gakkaishi): Prof. Kazuo Kondo, Ochanomizu University
The committee is held to publish Journal of JSNFS (Nippon Eiyo-Shokuryo Gakkaishi).
Chair of JNSV: Prof. Munehiro Yoshida, Kansai University.
The JNSV editing committee is held to publish JNSV, which is a joint English journal with The Vitamin Society of Japan.

2. Award Nomination Committee
(undisclosed)

3. Medical Ethics Committee
Chair: Prof. Dr. Kiyoshi Tanaka, Kyoto Women’s University.

4. Committee of International Affairs
Chair: Prof. Dr. Teruo Miyazawa, Tohoku University.
Member: Prof. Dr. Hisanori Kato, The University of Tokyo
Prof. Dr. Yoshiharu Shimomura, Nagoya University
Prof. Dr. Makoto Shimizu, The University of Tokyo
Prof. Dr. Hitomi Kumagai, Nihon University
Prof. Dr. Kiyoshi Tanaka, Kyoto Women’s University
Prof. Dr. Teruyoshi Yanagita, Saga University
Refer to “International Activities”.

5. Public Relations Committee
Chair: Prof. Dr. Hisanori Kato, The University of Tokyo
The committee is held for Press Release for the Annual Meeting, and improves the society's home page, including its English version, and sends monthly EiShoku News (direct mail magazine) to the members.
Korea

The Korean Nutrition Society

Address: The Korean Nutrition Society
#804 KST Center, 635-4 Yeogsam-dong, Kangnam-gu, Seoul 135-703, Korea
Phone: +82-2-3452-0449
Fax: +82-2-3452-3018
E-mail: kns96@chol.com
Web: http://www.kns.or.kr

Year Established: 1967
Number of Members: 850

Executive Council
Honorary Members:
Jin Soon Ju (Hallym Univ.)
Jung Yull Yu (Duksung Womens’s Univ.)
In Kyu Han (Seoul Nat’l Univ.)
Ki Yull Lee (Yonsei Univ.)
Nak Eung Sung (Ewha Womans Univ.)
Sook He Kim (Ewha Womans Univ.)
Soo Jae Moon (Yonsei Univ.)
Lilha Lee (Chung-Ang Univ.)
Yang Cha Lee-Kim (Yonsei Univ.)
Hyun Suh Park (Kyung Hee Univ.)
Wha Young Kim (Ewha Womans Univ.)
Choonhie Yu (Sang Myung Univ.)
Hee Young Paik (Seoul Nat’l Univ.)
Sang-Sun Lee (Hanyang Univ.)
Namsoo Chang (Ewha Womans Univ.)
Sung-Hee Cho (Catholic Univ. of Daegu)
Mi-Kyung Kim (Ewha Womans Univ.)
Myung-Hee Kang (Hannam Univ.)
Young-Sun Choi (Daegu Univ.)

President: Prof./Dr. Ryowon Choe
Dept. of Medical Nutrition, Graduate School of East-West Medical Science.
Kyung Hee Univ.
1 Hoegi-dong, Dongdaemun-gu Seoul
President-Elect : Hyun-Kyung Moon (Dankook Univ.)
Vice-President : Jung Han Yoon Park (Hallym Univ.)
                Heon-Soo Shon (Dr. Chung's Food Co.Ltd)
Secretary General : Hyojee Joung (Seoul Nat'l Univ.)
Secretary Scientific Affairs : Woo Kyoung Kim (Dankook Univ.)
                            Eunju Yang (Honam Univ.)
Treasurer : Sun Yung Ly (Chungnam Nat'l Univ.)
Editor-in-Chief (Korean Edition) : Young-Sun Song (Inje Univ.)
Editor-in-Chief (English Edition) : Young-Hee Kang (Hallym Univ.)
Secretary Information : Kyungwon Kim (Seoul Women's Univ.)
Secretary Public Relations : Yangha Kim (Ewha Womans Univ.)
                        Kyoung Ae Lee (Busan Nat'l Univ. of Edu.)
Secretary International Co-operation : In-Sook Kwun (Andong Nat'l Univ.)
                                    Yongsoon Park (Hanyang Univ.)
Secretary Special Affairs : Kyungwon Oh (KCDC)
                        Young Ai Jang (Nongshim Co. Ltd)
                        Hye-Kyung Chung (Hoseo Univ.)
Secretary Public Policy : Hye Kyung Park (KFDA)
                        Hae-Rang Chung
                        (Nutrition for the Future Inc.)
Secretary Nutrition Information : Soon Myoung Hong (Univ. of Ulsan)
Auditors : Cho-il Kim (KHIDI)
           Soon-Ok Chang (The Univ. of Suwon)
Special Committees
1. Committee of Dietary Reference Intakes for Koreans: establishing KDRIs (Dietary Reference Intakes for Koreans) by proposing the nutrient intakes that are considered necessary for the prevention of nutritional diseases disorders caused by nutritional deficit or excess.
2. Committee of Nutritional Information: developing and revising the CAN (Computer Aided Nutritional Analysis Program) version which has been used for the assessment of dietary intakes for general use.
4. Committee of Biofoods and Functional Foods for Health: finding the new functional materials, evaluating the functionality and safety, and establishing the standard requirement on biofoods.
6. Committee of Nutrigenomics: taking a research on both nutrition and gene to improve health and longevity through individualized nutrition.
8. Committee of Special Affairs: organizing activities that promote communication between the Korean Nutrition Society and food industry.
10. Committee of research and publication ethics: improving the quality and credibility of peer review and publication by promoting transparent and accurate reporting of nutrition research.
11. Committee of Medical Nutrition: focusing on the prevention of disease & the improvement of clinical outcome through evidence based research.
12. Committee of World Nutrition: aims at working toward the enhancement of world nutrition status addressing nutrition-related problems of both malnutrition and over nutrition.
13. Committee of Promoting Internationalization: Globally publicizing the Korean Nutrition Society and planning a mutual cooperation with foreign societies through International Relations.
14. Committee of Charity: all charities operate for the public welfare and nutritionally risk population worldwide, and independently of government or commercial interests.
15. Committee of Award Administration: nominating the candidate for the award of various organizations.
Activities in 2010

1. Scientific Activities

Symposia
- May 14, 2010: ‘The Scheme of Safe Dietary Intake for Public Health’
- November 26, 2010: ‘Diet and Cancer’

Workshop
- August 27, 2010: ‘Statistic Workshop for Application of Meta-Analysis in Field of Nutrition’
- November 19, 2010: ‘Workshop for Good Research Practice’

Public Hearings
- May 7, 2010: ‘Public Hearings for Revision of the Korean Dietary Reference Intakes’
- August 27, 2010: ‘Public Hearings for Application of the Korean Dietary Reference Intakes’

Awards of the Korean Nutrition Society
Outstanding research paper of the year 2010:

2. Other Activities

- Dr. Ryowon Choue was appointed as the president of the Korean Nutrition Society during January 1, 2011 ~ December 31, 2011.
- Events of ‘Nutrition Day’ for 2010 - Nationwide Campaign for ‘Eating breakfast everyday’
- Publishes two Journals regularly - one in Korean and the other in English language. Both journals have over 1,000 subscribed readers in Korea and abroad
- Nutrition Research and Practice (English Journal) has been registered in SCOPUS.
The first revision of the Dietary Reference Intakes for Koreans has been published in October by the Korean Nutrition Society, the Korea Food and Drug Administration and, the Ministry of Health and Welfare.
Lebanon

LEBANESE ASSOCIATION FOR NUTRITION AND FOOD SCIENCES (LANFS)

Address : Department of Nutrition and Food Sciences
          Faculty of Agricultural and Food Sciences
          American University of Beirut
          P.O. Box: 11-0236
          Riad Solh, Beirut 1107-2020, Lebanon
          Phone : 961-1-374374
          ext: 4540/ 4541
          Fax : 961-1-744460
          E-mail : lanfs2000@yahoo.com
          Web : www.lebanondiet.org

Year Established : 1970 and revived its activities in 1993
Numbers of Member: : 550 active members

Executive Council

President : Dr. Nahla Hwalla
Vice President : Ms. Sally Sawaya
Secretary : Ms. Krystel Ouijan
Treasurer : Ms. Abir Barhoumi
Accountant : Dr. Omar Obeid
Public Relations : Ms. Sawasan Wazzan
Media Communication : Ms. Dima Timani

Activities

A large segment of the Association’s work focuses on raising awareness of the Lebanese public on healthy nutritional behavior. This goal is being successfully achieved through several conferences, exhibitions and sessions directed to the public as well as to the scientific communities in Lebanon and the region.

The Association constantly provides direction for quality dietetic practice and nutrition education. It ensures continuous updates for its members through
seminars and scientific conference. The Association is continuously participating in international and regional meetings held on nutrition and food sciences and promoting the scientific role of Lebanon in these sectors. In addition, the Association offers consultancy to governmental and private institutions on Nutrition and Food Sciences.

LANFS is involved in conducting community based nutrition and food science research and disseminating the results through seminars and conferences to its members and for the public.

In the recent years, LANFS conducted a number of local, regional, and international conferences which includes the following:

- Conferences on Evaluation and Treatment of High Blood Cholesterol, along with a Nutrition and Food Exhibit.
- Conference on Obesity.
- International conference entitled Nutrition in Health and Disease, along with a Nutrition and Food Exhibit.
- Conference on Sports and Medicine.
- Conference on Lebanese Nutritional Problems.
- International conference entitled Nutrition 97, along with a Nutrition and Food Exhibit.
- Conference on Women Nutrition: Problems and Solutions.
- Conference on Diet and Health.
- Conference on Breakfast: Diet and your Health
- Conference on Dietary Fats and oils, along with Nutrition and food exhibition.
- A regional conference entitled "Nutrition and Optimum Health", along with Nutrition and food exhibition.
- Conference on Maternal and Infant Nutrition
- In addition, the Reward with Fruits Campaign in collaboration with the Ministry of Social Affairs (MOSA) and Pharmaton Bohringer drug company.
- A four-day international Nutrition and Optimum Health Conference. The conference attracted participants from throughout the region including the WHO regional advisor for Nutrition at the Eastern Mediterranean Office.
- International conference on the “Current Challenges in Adolescent and Child Nutrition. The conference addressed topics related to physiological and psychological determinants of eating, eating disorders, obesity, malnutrition, sports nutrition, dietary management and optimal nutrition for children & adolescents.
- Four-day training course on Child Growth Assessment supported by WHO-Geneva. The course targeted dietitians working in Lebanon. Trained staff shall make up the manpower to train other health professionals in the future.
- Conference on Basic of Balanced and Sensible Nutrition. The conference gathered eleven international and regional scholars, nutritionists and other health professionals who presented the findings of recent nutrition studies in
the country and the region.

Future Projects
- LANFS is currently working in establishing an Order for Dieticians to protect the profession of dietetics and role of dieticians in Lebanon.

Members
The members are nutrition and food science graduates from Lebanese and International Universities and active professionals in various sectors: hospitals, health care and sport center facilities, private clinics, pharmaceutical industries, food industries, educational institutions and universities, food service institutions, governmental and non-governmental institutions and media.

Our members serve the community in several health related areas including: clinical nutrition and dietetics, food service management, community nutrition, nutrition consultancy, food production and quality control, marketing of nutrition-related products, teaching and research.

Legislation of Dietetics Practice
LANFS have put forth great effort in the past years to achieve finally the legislation of dietetic practice. The legislation set policies that orders and organizes practice of the profession basically by restricting practice by non-professionals. This legislation recommends a colloquium exam to assess qualifications of applicant practitioners and requires high standing education and practical experience for practitioners.

Affiliations
Through its projects, LANFS has provided a platform for training and information sharing receiving support from governmental bodies, non-governmental institutions, and the private sector such as the Ministry of Public Health and WHO. In addition, LANFS is an adhering body of the International Union of Nutritional Sciences (IUNS).
Malaysia

NUTRITION SOCIETY OF MALAYSIA

Address : Nutrition Society of Malaysia Division of Human Nutrition
Institute for Medical Research
Jalan Pahang, 50588 Kuala Lumpur Malaysia
E-mail : president@nutriweb.org.my

Correspondence Address : No. 46, Jalan SS 22/32
47400 Petaling Jaya Selangor Malaysia

Contact
President
Tel : 603-77 287 287
Fax : 603-77 287 426
E-mail : president@nutriweb.org.my

Hon. Secretary
Tel : 603-9289 7662
Fax : 603-2693 2688
E-mail : secretary@nutriweb.org.my
Web : www.nutriweb.org.my

Year Established : 1985

Number of Members : Honorary 01
Fellow 25
Life Members 114
Ordinary Members 663
Associate Members 162
Corporate Members 30

Executive Council (2010-2012)

President : Dr Tee E Siong, AMN, KMN, FNSM
Vice-President : Prof Dr Mohd Ismail Noor FASc, FIUNS, FNSM
Hon. Secretary : Assoc Prof Dr Norimah A Karim, FNSM
Hon. Treasurer : Assoc Prof Dr Zaitun Yassin, KMN, FNSM

FANS NEWSLETTER 72 No. 11, July 2011
Activities (2009-2011)

1. SCIENTIFIC CONFERENCES AND SEMINAR

a. NSM ANNUAL SCIENTIFIC CONFERENCES 2010 AND 2011
   The Nutrition Society of Malaysia continued with its tradition of organizing an annual conference during the last week of March. This conference has become the nutrition meeting for the country for the past 26 years. This is the event that nutritionists and dietitians look forward to every year as it provides an excellent platform for them to meet new friends and previous acquaintances, be updated on nutrition science and share experiences and views.

   The 25th Annual Scientific Conference, from 25-26 March 2010, was a particularly significant occasion for the NSM as it was the Silver Jubilee of the Society. In recognition of achieving this important milestone, the annual scientific conference included special commemorative activities. A special silver jubilee commemorative book of the NSM was launched by the Hon. Minister of Health Malaysia during the opening ceremony of the Conference. This book documents NSM’s unwavering commitment to support nutrition for life. A video highlighting the activities of the Society for the past 25 years was also launched. The Minister also presented special awards to several key members of the NSM, in recognition of their outstanding contributions to the foundation and continuous growth of the Society.

   The NSM has been in support of the policies and programmes of the Ministry of Health and contributed to its various activities. An example of this is in the revision of the Malaysian Dietary Guidelines. Taking advantage of the presence of a large number of nutritionists in this conference, the Honourable Minister of Health launched the revised Dietary Guidelines 2010 at this occasion.

   For 2011, the 26th Annual Conference was held from 24-25 March. In conjunction with the Conference, the NSM launched two further efforts of the Society to reach out to the public, to empower them with practical nutrition information. The first is a third recipe book that the NSM is
publishing, called the Nutritionists’ Choice Cookbook which aims to provide useful tips and nutrition information to help mothers prepare healthier meals for their infants and young children. The second item launched, called TryMasak Sihat, is a project using new media approaches to provide the public in all corners of the country, with information on healthier recipes on preparing popular dishes.

Recognizing the importance of promoting healthy eating amongst children, the theme for the conference for these two years was Healthy children, healthier nation – Start Young. There were 5 symposia sessions, with a total of 23 oral presentations, many of which are related to the child nutrition. A regular feature was a symposium to enable members of NSM to share their research findings on a variety of issues on nutrition and health. The Young Investigator’s Symposium enabled budding nutritionists to experience making a presentation before their peers. For the past 5 years, the Conference included a specialised symposium for presentation by the food industry on innovations in foods and food ingredients. More than 150 scientific posters touched on a wide variety of research topics.

b. Nutrition Update
NSM organised a Scientific Update 2010 with support from a Corporate Member - Danone Dumex (M) Sdn Bhd. The theme of the symposium was Maternal Obesity Weight Gain in Pregnancy Birth Weight. The invited speakers were Prof Dr Gail Harrison, University of California, USA and Dr S Raman, of the Obstetrical and Gynaecological Society of Malaysia.

c. 2ND Regional Conference, Nutrition In Obstetrics And Gynaecology
The conference was organized by Obstetrical and Gynaecological Society of Malaysia. NSM was invited to be co-organizer of this conference, organised from 5-6 March 2011. Dr Mohd Nasir Mohd Taib was the representative of NSM for this conference. Prof Ismail, Vice-president of NSM was one of the speakers for the conference and he delivered a talk on “Recommended Nutrient Intake for Malaysia”.

d. ILSI Nutrition and cognition symposium
NSM collaborated with International Life Sciences Institute (ILSI) SEA to organise the Symposium on Nutrition and Cognition 19-21 October 2010 in Kuala Lumpur. NSM supported a few Council and Ordinary members to attend the symposia. The symposia enabled good discussion and interaction among nutritionists and psychologists on how the role and influences of nutrition on cognition especially among children and the elderly. NSM also displayed its publications during the event.
e. ILSI Seminar On Whole Grains

The International Life Sciences Institute (ILSI) Southeast Asia Region organised a seminar on whole grains in Kuala Lumpur, 22 April 2011. Co-organised by the Nutrition Society of Malaysia, the seminar aimed to provide an update on current understanding of whole grains, physiological effects on human health, food sources and consumption level, dietary guidance, and regulatory considerations. The seminar also aimed to provide a platform for discussion among all stakeholders on aspects related to promoting increased consumption of whole grains, including consumer education and promotion, and industry innovations.

2. NSM PRIZES AND EDUCATION GRANTS

The NSM prizes continued to be given out during the NSM conferences, to further provide incentives to young nutrition scientists. These include prizes awarded to postgraduate and undergraduate students based on their thesis submitted. A total of 16 such prizes (7 postgraduate theses and 9 undergraduate theses) have been awarded for the two years, 2010 and 2011.

The NSM also introduced the Publication Prize to promote local research in nutritional sciences in 2008. As a start, this prize is for publications in the field of infant and childhood nutrition. In 2011, a new publication prize in the field of whole grain research was made available to members.

In addition to the above, the NSM has provisions for providing NSM Seminar Grant to professional members, to assist them to participate at overseas conferences. A total of 11 such grants were given out from 2009-2010. (2009=2; 2010=4). For the year 2011, seminar grant was only provided to members attend the 11th Asian congress of Nutrition. In addition, the NSM also provided a grant of USD1,000 to the organisers of the 10th Asian Congress of Nutrition to support participation of nutritionists from developing countries.

As a special effort to support the 11th Asian Congress of Nutrition in July 2011, in Singapore and to enable more members to attend this Congress, a total of RM25,000 (USD8,300) was given out to sponsor 25 members to attend the ACN.

3. NSM PUBLICATIONS

All the issues of the Malaysian Journal of Nutrition for the years 2009-2010, comprising volumes 15 and 16 were all published on schedule. From volume 16 onwards, the number of issues per year has been increased to 3. Prof. Dr. Khor Geok Lin continues to serve as chief editor of the journal. In addition to contributions by members of NSM, the journal also has several articles from
foreign nutritionists. We invite all Asian nutritionists to submit articles for publication in our journal (write to: geoklin_khor@imu.edu.my). MJN has been indexed in the Elsevier's database of the Scopus EBiology and ECare Scopus and recently accepted at WHO West Pacific Region Index Medicus (WPRIM) database. All MJN issues can be viewed as pdf files on the NSM website: http://nutriweb.org.my/publications/mjn free of charge.

The Berita NSM, or NSM newsletter, one for each of the years 2008, 2009 and 2010 were published and mailed out to all NSM members. The issue contains news and information on all NSM activities carried out each year.

The sale of Resipi Sihat, Pilihan Bijak (Healthful Recipes, Wise Choice) Volumes 1 and 2 are continuing though members as well as during the nutrition roadshows. These recipe books, with modified recipes, remain highly popular amongst the public. In addition, NSM was also selling other publications to the public, including Total Child, Breastfeeding Made Simple Manual, VCD on Healthy Eating for Toddlers, Eat Right, Enjoy Life, Raising Healthy Eaters, and Easy Nutrition Planner.

The latest addition to increasing number of NSM publications is the Nutritionists’ Choice Cookbook, launched in March 2011. The book contains more than 60 recipes and aims to provide useful tips and nutrition information to help mothers prepare healthier meals for their infants and young children.

All NSM publications can be viewed as pdf files on the Society web page, NutriWeb.

4. NUTRIWEB (www.nutriweb.org.my)

NSM’s official website, Nutriweb, continued to provide the public with educational material on food and nutrition. All educational materials of NSM, eg the recipe books, leaflets on healthy eating, dietary guidelines, RNI, are also uploaded on the website for the public.

NutriWeb also serves as a resource for its professional members. It provides members with listings of upcoming conferences and other scientific meetings. The website is in the process of being revamped and upgraded.

5. COMMUNITY NUTRITION PROMOTION PROJECTS

a. Nutrition Month Malaysia (NMM)

The NMM project is a collaborative effort between fellow professional bodies, namely the Nutrition Society of Malaysia (NSM), Malaysian Dietitians’ Association (MDA), and Malaysian Association for the Study of Obesity (MASO). The project also has the support of the Ministry of Health
Malaysia (MOH), particularly the Family Health Development Division. It was inaugurated on 13 April 2002 and has been implemented from April each year and spilling over several months after that. A Steering Committee with members from the partners mentioned above and chaired by the President of NSM plans and executes the activities for NMM.

The objective of NMM is to promote greater awareness and the practice of healthy eating, in line with the Government’s healthy lifestyle programme. During NMM, a number of activities were carried out using a variety of approaches, to further raise the visibility of nutrition. These activities carried out in the month of April and a few months thereafter, included seminars, series of press articles in major newspapers and magazines, radio and television interviews on theme of Nutrition Month, community activities in all States by State Health Departments, nutrition awareness exhibitions and activities by other agencies. It is envisaged that a burst of activities throughout the country during NMM will be able to further raise public awareness on the importance of healthy eating in maintaining health and wellbeing.

NMM 2010 and 2011 were focused on nutrition of children, with the theme: Healthier children, healthier nation: Start young. Activities were targeted at parents of two groups of children - pre-schoolers aged 4-6 years old and primary school children from 7-12 years old. The main channels of education were press articles, educational booklets and out-reach activities.

For parents and the public, NMM published a series of educational articles in major newspapers and magazines in April and May, in the main languages. All these write-ups focus on various aspects of nutrition for young children, including tips to empower parents to practise healthy eating and active living together with their children.

In an effort to provide parents of primary school children with practical tips on basic nutrition information and healthier meal preparations, NMM has published two booklets: Smart Nutrition for your Growing, Active Kids and Wholesome Meals – Practical and Healthy Recipes for Your Growing Child. Educational materials targeted at primary school children have also been produced: the "Kembara Alam Sam" comic book and the an accompanying activity book called “Ceria Dengan Gaya Hidup Sihat”.

Similar booklets targeted at preschool children have also been published for parents of these children: Raising Healthy Eaters and Easy Nutrition Planner for Caring Mums. NMM has also published a DVD titled “Memupuk Gaya Hidup Sihat” that can be used by kindergarten teachers to educate
preschoolers on simple healthy eating messages. Worksheets with colouring and simple quizzes have been produced for the children to make learning about nutrition fun. Training seminars for kindergarten teachers on how to use the DVD and worksheet have been carried out.

In addition to printed materials, various outreach activities have been carried out, targeting both children and parents. One of these activities is a series of fun educational roadshows called NutriFun, which were conducted in selected primary schools in the Klang Valley. Similar NutriFun roadshows were also carried out in kindergartens. The modules for preschoolers however, will be much simpler. During these roadshows, simple messages on healthy eating and active living were disseminated to the children through fun activities. An interesting activity we conducted for primary school children was the My Healthy Scrapbook Contest.

A major outreach activity for the family and general public has been the “Healthy Children, Healthier Nation – Start Young” Carnival that have been organized each year. These 2-day carnivals have a wide range of fun-filled, educational activities and games in store for both parents and children to enjoy together as a family. Opportunities were also provided for the public to have their BMI, body fat, blood pressure, blood glucose and cholesterol checked and obtain counselling on these. Children could also have their BMI checked and obtain nutrition advice. Children also had the opportunity to participate in interactive nutrition games and activities at the NutriActive Corner, children performances and quizzes, as well as samplings and giveaways by the sponsors of NMM.

b. Healthy Kids Programme
NSM collaborated with Nestlé in implementing the Healthy Kids (HKP) programme in Malaysia, launched on 7 August 2010. HKP is a part of the company’s global initiative to raise nutrition, health and wellness awareness of school age children around the world.

HKP in Malaysia is a two-pronged programme that will run concurrently. The first component, with the theme “Let’s Be Healthy” or “Jom Sihat”, is an awareness campaign on nutrition and physical activity aimed at improving nutrition knowledge and inculcate healthy eating habits among children between the ages of 7 -12 years old. This programme has established a website that will offer useful tips, animated articles as well as interactive games and tools for both children and parents (www.healthykids.org.my).

The second component of the HKP is a research component which is aimed at developing and determining the effectiveness of appropriate educational materials to facilitate the teaching of nutrition to primary school
children. At the end of the project, it is hoped to arrive at the right approaches and materials for teaching nutrition in primary schools which can be shared with the Ministry of Education.

In early 2011, the research component was implemented. Baseline data on knowledge, attitude and practice as well as BMI of the children in both control and intervention schools were collected. Nutrition education modules were developed and visits to intervention schools to conduct nutrition education intervention commenced in March. Results of the first year of intervention are expected at the end of the year. Nutrition education intervention will be carried for 3 years, till 2013.

c. Disseminating healthy eating messages through new media

In an effort to enable wider dissemination of healthy eating messages through new media, taking advantage of developments in ICT, NSM has launched/is planning several new projects.

The first is the TryMasak Sihat project launched in March 2011. It is a project using new media approaches to provide the public in all corners of the country, with information on healthier recipes on preparing popular dishes. These recipes are contained in the two volumes of Healthy Recipes, Wise Choice, that NSM has published over the years. Over 100 short videos of these recipes have been prepared and made available in the website: http://www.trymasak.my/sihat/. These recipes will soon become available in other new formats, e.g. the iPad.

Another project that is near completion is the dissemination of nutrient content of recipes and foods through the short-messenger-service (SMS) of mobile phones. Such similar methods of dissemination of other healthy eating messages are also being planned.

d. Positive Parenting Programme

The Positive Parenting Programme (PP) is organized by the Malaysian Pediatrics Association with the aim of reaching out to the community, specifically young children and their mothers on various aspects of parenting. The NSM is a partner in the PP Programme. A number of activities have been organized including roadshows in shopping malls, seminars, and the publication of a regular magazine, called Positive Parenting.

To celebrate the 10th anniversary of the Programme, Positive Parenting published a guidebook for Malaysian families, titled “Baby & Me”. This booklet covers all maternal and child care issues that parents may face, from the moment of conception to the growth and development of the child.
beyond the age of 2. NSM contributed to the preparation of the nutrition components of the booklet. The guidebook was launched on November 20th 2010, in conjunction with World Children’s Day.

e. Promoting Malaysian Dietary Guidelines (MDG) 2010
The NSM participated actively in the process of review and update of the MDG 2010. Prof Ismail, Vice-President of NSM chaired the Technical Working Group that undertook the task of this update. Dr Tee participated in the writing of some parts of the MDG.

The NSM has been promoting the dissemination and use of the MDG. Council members have participated in talks to health care professionals in the use of these dietary guidelines. It has been tasked with printing and making copies of these available to all stakeholders. NSM has incorporated various aspects of the guidelines in all its nutrition educational materials to the public, either in press articles or in booklets. In collaboration with Nestle, a series of 4 leaflets that are more consumer-friendly have been published and disseminated to the public.

f. Healthy Mealtime Magic
In collaboration with Philips Avent, NSM is carrying out a campaign on helping mothers of small children have happy, healthy mealtimes always. A small booklet called Handy Tips & Happy Tales to make kids (and mommies) smile! Has been published and launched in April 2011. It contains practical tips to preparing healthy meals, tips on how to make meal times pleasant occasions and a few stories for mums to share with their children. A series of simple articles has been published. A workshop is also being planned to enable mothers to share and learn about happy, healthy meal times.

6. RESEARCH STUDIES OF THE NSM
a. NUTRISTUDY
NSM collaborated with Dutch Lady Sdn Bhd to carry out a research project on the nutritional status and food habits of preschool children (4-6 years) in the semi urban areas in the Malaysian Peninsular. This research project was conducted from June 2009 until August 2010 covering all four zones of Peninsular Malaysia, namely Central (Selangor, Kuala Lumpur and Negeri Sembilan), Southern (Malacca and Johor), East Coast (Pahang, Terengganu and Kelantan) and Northern (Kedah, Penang, Perak and Perlis) zones. The study included measurements of height, weight, waist circumference and cognitive performance of the preschool children, and socio-demographic background, parental knowledge on nutrition, child feeding practices and children food habits.
b. Development And Evaluation Of Nutrition Education Programme
   This project involved the development of nutrition education modules for teaching healthy nutrition and active living to primary school children and the evaluation of effectiveness of such modules. Details have been given in section 5, under the Healthy Kids Programme.

c. Nutritional Status And Food Preferences Of Young Children
   This study commenced in March 2011 and is expected to study the weight and height and BMI of children 6 months to 60 months. Food preferences of the older children shall also be studied using a simplified pictorial questionnaire. Visits are made to nurseries, child-care centres and kindergartens in the Klang Valley to obtain the subjects for the study.

7. AFFILIATIONS

   In the report period, NSM continued to be affiliated with two international bodies and one national body, namely the Federation of Asian Nutrition Societies (FANS), International Union of Nutritional Sciences (IUNS), and the Confederation of Scientific and Technological Associations in Malaysia (COSTAM).

   Nutrition Society of Malaysia has also worked in partnership with various organizations including the, Malaysian Dietitians’ Association, Malaysian Association for the Study of Obesity, and the National Diabetes Institute (NADI) to form a Council on Obesity Prevention (MCOM). The Council was formally registered in 2007. MCOM on officially launched by the Minister of Health, on 10 April 2010. Dr Tee was invited as a panel in the obesity prevention panel discussion session. The 2nd biennial AGM was held after the launching and had the election of office bearers. Prof Dr Norimah, Hon Secretary of NSM was elected as Vice-President while Dr Nasir (council member of NSM) was elected as Council Members of MCOM.

8. PARTICIPATION IN PROJECTS OF MINISTRIES AND OTHER ORGANISATIONS

   Council members and members of NSM represent the NSM in a variety of programmes and projects on food and nutrition. These members help to formulate policies, programmes and projects of these various organizations.

   The following are the major committees/projects in which NSM members were involved in the report period:
   - National Coordinating Committee on Food and Nutrition (NCCFN)
   - Technical Working Group on Dietary Guidelines for Malaysia
   - Technical Working Group on Nutrition Promotion
- Advisory Technical Committee for Food Regulations 1985
- Codex National Sub Committees
- Technical Committee on Foods for Infants and Young Children
- School Canteen Programme of MOH
- National Level Healthy Lifestyle Programme, MOH
- Technical Committee for Drafting of Allied Health Profession Bill
Mongolia

MONGOLIAN ASSOCIATION OF NUTRITION AND FOOD SERVICE MANAGEMENT

Address: Mongolian Association of Nutrition and Food Service Management
Chingeltei district-1, Enkhtaivan avenue, 40000-Bld.6, #4
Ulaanbaatar, Mongolia
Tel: 976-11-327482
Fax: 976-11-327482
Mailing address: Ulaanbaatar-210644, P.O.Box: 44/206, Mongolia
E-mail: rem145e@hotmail.com

President: Prof. Enkhtaivan Gomboasuren Ph.D., Mongolian University of Science and Technology
School of Food Engineering and Biotechnology
Department of Nutrition and Food Services, Sukhbaatar district, Baga toiruu-34,
Main bld. 1-124, Ulaanbaatar, Mongolia
E-mail: rem145e@hotmail.com

Year Established: 2007
Number of members: 259 (total as of 01 January, 2011)
Nutritionists: 23
Dietitians: 17
Food Technology & Services specialists: 126
Student members: 93

Board members:

President: Prof. Enkhtaivan Gomboasuren, Ph.D., Mongolian University of Science and Technology

Executive Director: Otgonbat Ulziikhutag

Members: Mejeenov Purevjav, Ph.D., Mongolian

FANS NEWSLETTER 83 No. 11, July 2011
Activities

Mongolian Association of Nutrition and Food Service Management (MANFSM) hold a General Assembly Meeting (2008, 2010), Board Meetings and a MANFSM Congress (2009).

Strategic Goal

1. Promote and facilitate professional development activities for attainment of accreditation status.
2. Promote the awareness of nutrition, dietetics, food services and the professional image of the profession and association, foster closer cooperation between dietitians, nutritionists and other professionals in allied fields.
3. Disseminate nutritional knowledge to the public in order to promote the health status of the population.
4. Expand relationship with IUNS, FANS member countries and overseas.
5. Expand relationship with organizations inside the country

Academic activities

On June 02-03, 2009, organized the Conference on “HACCP system in School canteens” and was participated around 145 participants from the State Professional Inspection Agency, Ulaanbaatar city Mayor’s Agency, Ulaanbaatar City professional Inspection Agency and other allied organizations and presented 12 presentations.

In 2010 participated in organizing of International Conference “Innovation in Food and Nutrition Science”, which was held July 07-11, Mongolian University of Science & Technology, Ulaanbaatar, Mongolia.

International activities

In 2008 MANFSM 2 members has participated “IUNS Workshop on Capacity and
Leadership Development in Nutrition Sciences” which was held on September at the Seoul National University and presented 2 presentations.

In 2009 MANFSM 12 delegates has participated 19th ICN in Thailand and presented 2 poster presentations.

Continual professional development (CPD) activities

To achieve one of the Strategy Goals, MANFSM organized 14 CPD activities among members-nutritionists, dietitians, food service managers and food technologists. These activities included seminars, conference, visits to the food service organizations in rural area. Also MANFSM organized 8 qualification trainings jointly with academic institutions such as Mongolian University of Science & Technology in the country and 6 short trainings in abroad-Korea, China, Japan, Germany, France and Thailand.

Community Nutrition Promotion Projects

2007-present: Consulting the Project of “School Snack” in secondary schools of Ulaanbaatar city, which is implementing in frame of the Governmental Program.

In 2008 and 2010 MANFSM has done a Project on nutritional survey “Nutrition-Health” among mining workers in “ERDENET” Mining Company. To this project-survey involved more than 1500 workers. During the survey organized public event on Nutritional Education and exhibition of “Nutritious Foods”, in the end of the survey – gave a Consultation to all workers, who involved, published Report of the survey and organized Conference.

In 2010 our Association has done a short training on “Food preparation technology and HACCP” among food service’s staffs of “Altain Khuder” Mining Company and for mining workers presented a talk entitled “Food functionalities”.

MANFSM initiated the campaign “Every day-one cup of milk” for school children/students and selected 14th and 52nd secondary schools, 85th kindergarten of Ulaanbaatar and donated more than 1000 liter milk.

Concerning on low calcium intake and osteoporosis we talk and consultation “Nutrition – Bone metabolism” among aged people. Concerning on Public Nutritional Education we are doing weekly TV Talk-Show with the support of TV Company “MN-25TV” from December 2010 till June 2011.

To give a Technological knowledge on Cooking to the public MANFSM is co-implementing the Project on “How to grow vegetable and how to cook nutritious
food using them” for more than 240 teachers and housewives.

**World Diabetes Day**

Pakistan

NUTRITION SOCIETY OF PAKISTAN

The Nutrition Society of Pakistan was founded in 1977. It has a current membership of 323 members most of whom are nutritionists, physicians, food scientists, biochemists and food chemists. It is a member of the Federation of Asian Nutrition Societies (FANS). Its main objectives are to create new knowledge about nutrition, help in nutritional assessment and monitoring, creating awareness about nutritional issues.

Address : Nutrition Society of Pakistan
Faculty of Nutritional Sciences,
NWFP Agricultural University, Peshawar,
Pakistan
E-mail : nsp_77@yahoo.com

Year Established : 1977

List of Council Members :

President : Prof. Dr. Jehangir Khan Khalil
Faculty of Nutritional Sciences,
NWFP Agricultural University, Peshawar,
Pakistan
Tel : (+92-91) 9216855 and 9216847
Mobile : 03339136214
E-mail : khaliljk@yahoo.com

Vice President : Dr. Parvez Iqbal Paracha
Tel : (+92-91-9216554)

Secretary General : Prof. Dr. Hamidullah Shah,
Dean, Faculty of Nutrition Sciences,
NWFP Agricultural University, Peshawar,
Pakistan
Tel : (+92-91) 9216556
E-mail : drhamidshah@yahoo.com

Associate Secretary : Dr. Sidra Tariq Jabbar,
Incharge, Gynaecology and Obstetrics
Department, North West General Hospital
and Research Center, Hayatabad,
Activities

1. **Membership:** During last year, 38 new members have joined the society and ten of them are non-student members. Of these 28 are student members. This has raised the current membership to 323.

2. **Two-day Workshop on sustainable and collaborative research network:** A series of 2-day workshops were held on October, 21-22, November 10-11 and December 22-23, 2010 in Peshawar to train the participants on the development of sustainable and collaborative research project proposals. The workshop was organized for the PhD scholars, and young nutrition researchers.
3. **Skill development Programme**  
A skill development programme (June 15 to July 15, 2010) was conducted to train the participants on composition and nutritional evaluation of food. Training was imparted on the use and operation of sophisticated instruments like HPLC, Spectrophotometer, Water activity meter, Kjeltech, Fibertech and Sochtech etc.

4. **Food Composition Training Programme**  
A three day food composition programme was organized from February 24-26, 2011 at Agricultural University, Peshawar for the nutritionists involved in the analysis of foods and those responsible for the compilation of the food composition data into food composition tables. These candidates were trained in the sampling methodology, analytical techniques, quality control and quality assurance of the data, and compilation techniques.

5. **The biennial national conference:** The biennial national conference of NSP was scheduled to be held in Peshawar from 7-9 September, 2009 but has to be deferred due to the ongoing war on terror in the area. It was rescheduled to be held in march 2010 but again postponed until December 2011 due to political instability

6. **Food Composition Tables (FCT) for Pakistan:** The food composition table for Pakistan was last printed in 2001 and needs to be updated and revised. The society is working with the Nutrition Cell of the ministry of planning and development to revise the FCT. Initially a sum of Rs. One million was sanctioned but due to the conversion of all funds to the rehabilitation of the displaced persons, the amount has been so far not released and this project will be started with delay.

7. **Awareness:** The society propagates an awareness programme on various nutritional diseases with emphasis on preventing and treatment including care of these diseases through a newsletter in the national language and through special lectures, workshops, correspondence through internet etc. This year Special lectures, and printed materials were distributed free of cost on managing diabetes mellitus.

8. **Participation in international meetings:** Participated in the 8th International Food Data Conference in Bangkok, and the International Congress of Nutrition in Bangkok in 2009.
Philippines

NUTRITION FOUNDATION OF THE PHILIPPINES, INC.

Address : NUTRITION FOUNDATION OF THE PHILIPPINES, INC.
Dr. Juan Salcedo Jr., Building
107 E. Rodriguez Sr. Boulevard,
Quezon City
Phone : (632)712-1474
       (632)711-3980
Fax : (632)711-3980
Web : nutrition_foundation@yahoo.com

Year Established : 1959

Number of members : 40 - life members
                    50 - 2011 Regular Members

Executive Council

Chairman-President : Rodolfo F. Florentino, M.D., Ph.D.
Former Director,
Food and Nutrition Research Institute,
Department of Science and Technology, and
Senior Scientific Advisor,
Institute of Life Sciences International (ILSI)
Southeast Asia

Vice Chairman-President : Dr. Jesus Fernando D. Inciong
Surgeon, St. Luke’s Medical Center

Secretary : Atty. Leo S. Romero Partner
Rowala, Gonzales, Ong Law Office

Treasurer : Dr. Carmencita S. Loyola
Professorial Lecturer
College of Public Health, University of the
Philippines and Vice-Chair, Research Ethics
Committee, The Medical Center

Executive Trustees : Dr. Pacita S. Zara
Former Director, Philippine Council for Health
Research and Development (PCHRD),

FANS NEWSLETTER No. 11, July 2011
Genato, Sr.

Jesus Fernando D. Inciong, M.D.
Director, Weight Management Center, St.
Luke's Medical Center
Surgeon, St. Luke's Medical Center
Chairman, Committee on Critical Care and
Surgical Nutrition, Philippine College of
Surgeon

Carmencita S. Loyola, Ph.D.
Professorial Lecturer
College of Public Health,
University of the Philippines and
Vice-Chair, Research Ethics Committee,
The Medical Center

Alicia C. Ramos, MSFN
Former Regional Nutrition Program
Coordinator,
Region IV-A (CALABARZON) & IV-B
(MIMAROPA)
National Nutrition Council, Department of
Health

Atty. Leo S. Romero
Partner
Rowala, Gonzales, Ong Law Office

Adela C. Jamorabo-Ruiz, RND, MSN, DPA,
Ph.D.
Director, Curriculum Planning and
Development
Professor of Nutrition and Food Science and
Graduate School Faculty
Polytechnic University of the Philippines

Ma. Antonia G. Tuazon, Ph.D.
Former Dean, College of Human Ecology,
University of the Philippines, Los Baños,
Laguna and Director, Institute of Human
Nutrition and Food, College of Human
Ecology, University of the Philippines, Los
Baños, Laguna
Activities

1. Nutrition and Health Kiddie Class (NHKC)

The Nutrition and Health Kiddie Class is conceptualized for pre-school children to acquire knowledge on food and nutrition that will enable them to: Learn the importance of food in relation to health; know the various nutrients needed by the body and its sources; practice personal hygiene; be an advocate of environmental sanitation; help improve their nutritional and health status.

A unique feature of the NHKC is the participation of the volunteer teachers who handle all the classes without any compensation. Usually, they are mothers or youth from the community/barangay who are trained to teach the preschool aged 4-6 years. They are called “MOTHER COORDINATORS (MCs) or NUTRITION YOUTH COORDINATORS (NYCs),” respectively. The NHKC follows the school calendar, from June of the current year till March of succeeding year. Classes are held daily or 2-3 times a week, depending on the community. A session lasts for 2 hours.

The NHKC has a specific curriculum and modules developed though the years by the “teachers” and NFP staff. Topics included in the module are: food and
nutrition, personal hygiene, environmental sanitation, growth monitoring, food production, micronutrient etc. Likewise, the basic 3R’s of reading, writing, and arithmetic are discussed in the context of nutrition.

Strategies used includes lecture-discussion, story telling, songs, games, film showing, field trips, and work exercises are employed to make the learning interesting and easy-to-understand. The NHKC has a supplementary feeding component. Primarily, the feeding aims to show the child and their mothers on how to feed them properly and to internalize the topics/subjects taught in the NHKC. Foods served are nutritious, easy-to-prepare and economical, which can also be prepared and served at home for the rest of the family members. The marketing, preparation, and cooking are done by the mothers of the children for the supplementary feeding sessions.

2. Family Development Program (FDP)

This is one of the major activities of the Foundation that focus on the development of the family members to be responsible for the betterment of their health and ultimately improving the quality of their lives through: conscious recognition of each and everyone’s responsibility to themselves, family and community; providing opportunities and support to augment regular income through learning of some income generating activities, improved health and nutrition condition of their families through the implementation of some direct nutrition intervention activities; and developing skills in the implementation and management of community nutrition project and related activities. Some of its components include the following:

a. Value Formation
   NFP promotes activities that help individuals realize his value and potentials towards the development of the communities where he lived. It is the main goal of this program to make people realize a very important role he is to play for the success of their plans for the benefit of the community.

b. Community Organization
   NFP helps organize the communities and facilitates group dynamics, teambuilding activities and programs designed to promote camaraderie, teamwork, and cooperation among the people. Yearly program planning and evaluation focussing on problems encountered in the program implementation is also regularly conducted.

c. Leadership Trainings
   NFP facilitates trainings for informal leaders of the community, barangay health workers, barangay nutrition scholars, out of school youths, mothers and other interested groups who needs specific related trainings.
d. Nutrition Education

Series of nutrition classes are given to various groups in the communities to provide them knowledge on health and nutrition. Topics discussed include: the basic food groups, meal planning and food preparation, food safety, utilization of edible wastes, nutrition in the life cycle, environmental sanitation, food fortification, livelihood opportunities, and nutrition in disease. Various methodologies such as role-playing, workshops, games, and cooking demonstrations are utilized to make the class interactive and participative.

e. Medical, Dental, and Nutrition Services

In cooperation with the local health centers or district health units—medical, dental, and nutrition services are conducted. A team of doctors, dentists, nutritionists, and barangay health worker goes around the puroks of the barangay, on a regular schedule, to render services such as deworming, regular weighing, and dietary counseling. Currently, the FDP is being undertaken in 10 communities of Quezon City namely—Brgy. Santol, Brgy. Dona Imelda, Sitios Kaingin I, Kaingin II, and Proper of Brgy. Pansol and Sitios Mary Town, Park 7, and Daan-Tubo of Brgy. Loyola Heights; and in 3 barangays of Alaminos, Laguna namely Brgy. San Miguel, Palma and Brgy. San Gregorio.

3. Dr. Juan Jr. Salcedo Memorial Lecture

This activity is regularly conducted by the Foundation as a way of honoring Dr. Juan Salcedo, Jr., its founder. He was a National Scientist and Academician, former Secretary of the Department of Health and Chairman of the National Science Development Board and dubbed as the “Father of Philippine Nutrition”. This is also a way to give recognition to experts in the field of nutrition and public health to share current trends in nutrition. The participants of this activity are, composed mostly of nutritionist-dieticians, health workers and heads of various nutrition and health organizations, both from the government and private sectors. In the past years, the Foundation invited speakers who discussed topics on:

“Collaboration and Institutional Development, The Politics of International Nutrition; Nutritional Repercussions of Developmental Transition; Perspectives and Challenges in Nutrition in the Philippines; Cancer and You; Management of Nutrition Programs by Local Executives; Infant and Young Child Nutrition; Coconut Oil and Cardio-Vascular Diseases, and Strategies in the Prevention and Management of Hidden Hungers”.

FANS NEWSLETTER 95 No. 11, July 2011
4. Publications

As a part of the Foundation’s nutrition information and education campaign, some publications are made to promote nutritional awareness to the people. The Bulletin of the Nutrition Foundation of the Philippines is the official publication/newsletter of the Foundation. It is being published quarterly and features articles on current nutrition issues and serves as a vehicle in the mass dissemination of nutrition information, particularly to the professionals. Teka, Teka, Teka … Lutuing Naiiba is a recipe book containing 51 standardized recipes that utilizes edible food wastes such as banana, squash, and carrot peelings; soy precipitates, coconut meal, langka seeds, and many others. Kitchen Tested Recipes for Pre-Schoolers, a recipe book intended for the implementation of self-help supplementary feeding programs in the community for pre-schoolers. The actual nutrition contribution of each recipe is shown in bar graphs for better understanding. Recipes for Daily Living, is a recipe book developed in response to the clamor for economical and easy-to-prepare but nutritious foods. It targets the housewives who are on the lookout for preparing and serving meals that are palatable, nutritious, convenient, and economical. Another publication is the Low Fat and Low Cholesterol Cookbook. The cookbook is a compilation of tested modified recipes, indicating specific calories, protein, fat, and cholesterol content of each recipe. This is to help the public find immediate action in preventive and curative aspects particularly for those suffering with cardiovascular diseases, diabetes and other degenerative diseases. Likewise, people who are overweight and obese can benefit from this recipe book.

5. Undergraduate training in Public Health and Community Nutrition

This type of training exposes the senior nutrition students of the different colleges/universities in Metro Manila to the communities, where they could acquire skills and knowledge program planning and implementation, monitoring and evaluation. Basically, they are also provided inputs on community organizing, mobilizing and participation particularly relating to health and nutrition activities that will benefit the families in particular and the communities in general.

It is offered every first quarter of the year covering a total of 240 hours, as required by the nutrition curriculum approved by the Commission on Higher Education.

6. Residency training in Public Health and Community Nutrition

It aims to develop a pool of trained manpower in community nutrition. This training is offered to nutrition graduates who are interested to pursue public
health and community nutrition work. The training covers a period of 4 months and is being offered on the third quarter of each year to qualified nutritionist-dietitians. Each trainee will be given specific assignments or projects to undertake, under the supervision of an NFP nutritionist. The trainees receive a modest daily stipend for the duration of their training.

7. Library and Reference Services Program

A significant aspect in the nutrition promotion and information activity of the NFP is the establishment of a library which serves both professionals and student groups. The E.O. Carrasco Memorial Library is a specialized library which at present maintains a subscription of 18 foreign journals and 43 foreign titles on foods and nutrition in addition to books among its acquisitions. It also maintains a reference service link-up with other technical libraries in Metro Manila through the NUTRINET (Nutrition Research and Information Network).

8. Nutrition Networking

Another way of ensuring effectiveness in the use of scarce resources is by networking and coordinating with the different agencies that aim and work with a common objective. This program is done mainly through cooperative services with GOs and NGOs in the country as well as international agencies/organizations; membership in working committees/advocacy groups; provision of resource persons/speakers; and consultatory services.

For a number of years, NFP has been the Philippines Adhering body of the International Union of Nutrition Sciences (IUNS). Likewise, it has maintained linkages with other international agencies such as the UNICEF, International Food Policy Research Institute, Helen Keller International and the World Health Organization.
SINGAPORE

Singapore Nutrition and Dietetics Association

Address : Singapore Nutrition and Dietetics Association
C/O Nutrition & Dietetics Department
Khoo Teck Puat Hospital
Basement 1
90 Yishun Central
Singapore 768828
Web : www.snda.org.sg

Contact : Honorary Secretary
E-mail : secretary@snda.org.sg

Year Established : 1984

Number of members : (Total as of 16 April 2011 = 158)
Nutritionist 56
Dietitian 102
Provisional Nutritionist 0
Provisional Dietitian 0
Student Members 0

Corporate Members : 0

Main Committee :

Office Bearers
President: Ms Annie Chow Pek Yee
Vice-President: Ms Pauline Chan Man
Honorary Secretary: Ms Cyndy Au Sook Sum
Honorary Treasurer: Ms Gladys Wong Hooi Chuan

Committee Members
Ms Kalpana Bhaskaran
Ms Ann Selina Chang
Mr For Wei Chek
Ms Carolyn Vethappriya Jesuvadian
Ms Natalie Goh Meiyan
Ms Izabela Kerner
Ms Leow Sooi Mee
Ms Loh Win Nie
Ms Ong Chengsi
Ms Alefia Vasanwala
Ms Yee Chooi Fong

Activities (2010)

1. STRATEGIC PLAN AND VISION FOR SNDA 2010 – 2011

Mission

1. Promote and facilitate professional development activities for attainment of accreditation status

2. Foster closer cooperation between dietitians, nutritionists and other professionals in allied fields

3. Promote the awareness of nutrition and dietetics and the professional image of the profession and association

To achieve the mission above, the Strategic Plan for SNDA are carried out by various Subcommittees with identified tasks. Last year, we co-opted the whole of main committee to help out in the coming congress that is hosted by SNDA on 13-16 July 2011. Therefore minimally was done for the association.

2. CONTINUAL PROFESSIONAL DEVELOPMENT

A total of 22 Continuing Education (CE) activities including nutrition and clinical nutrition talks, a series of expert’s visit, seminars and conferences were proposed by the Continuing Education Subcommittee and carried out for the year 2010 – 2011. A total of 110 CE points were available from these recognised CE events. Members are encouraged to submit a summary report of other CE activities undertaken within the above period of accreditation, to be awarded CE points according to the CE scheme in order to renew their qualifications as Accredited Nutritionist of Singapore (ANS) or Accredited Dietitian of Singapore (ADS).

SNDA will continue to collaborate with other associations and institutions in proposing wide range of CE events to members. SNDA is honoured to host the XI Asian Congress of Nutrition 2011 from 13 – 16 July 2011. CE events are continuously posted on SNDA website (www.snda.org.sg), and members could sign up for the CE online.
3. SNDA CONTINUING EDUCATION SPONSORSHIP

To promote continuing education and training for SNDA members, 25% of membership fees are allocated annually to partially sponsor members to attend some selected Nutrition and/or Dietetics conferences. Priority is also given to applicants whom present at the scientific meetings, to promote local research in nutritional and dietetics sciences.

In return, the successful applicants are to contribute their scientific report of the conference to be shared with SNDA members via SNDA’s bi-monthly magazine, the Newsline.

SNDA sponsored 2 members to the 5th Asian Congress of Dietetics 2010 in Bangkok, Thailand to enable more members to attend this Congress.

4. SNDA PUBLICATIONS

The SNDA Educational Resource (Clinical Practice) Subcommittee continues to develop a Singapore Manual of Dietetics Practice to harmonise the dietetic practice in Singapore. Currently in the process of developing Chapter 8: Cancer (part a – Cancer prevention and part b – Cancer therapy).

SNDA were asked to write an AODA Cultural Fact sheet describing Singapore’s culture, particularly our ethnic festivals and foods for the American Overseas Dietetics Association (AODA). It will soon published at the AODA website.

The committee is developing a Phosphate Guide Book for the health professional in caring for the renal population and will soon be completed.

The SNDA Newsline is the bi-monthly publication to update members on emerging nutrition and dietetics issues and topics that are of interest to members, and to provide a platform for members to share their learning experiences and news on professional matters. The last issue of Newsline was published in June 2010. The main committee decided to put Newsline newsletter publication on hold and channel resources to organising the XI Asian Congress of Nutrition 2011.

SNDA has provided man articles and fielded interviews in various media sources throughout 2010. Most of these are uploaded on www.snda.org.sg, under “Other Publications” section.
5. SNDA WEBSITE (www.snda.org.sg)

SNDA’s official website serves as a resource for its professional members and answers commonly asked questions about the profession to the public.

The website provides members with listings of upcoming continue education events and other scientific meetings.

6. COMMUNITY NUTRITION PROMOTION PROJECTS

SNDA continues to be active in many community nutrition promotion projects in Singapore:

i) World Osteoporosis Day – 16 October 2010
SNDA together with Temasek Polytechnic and Singapore Polytechnic partnered Osteoporosis Society of Singapore in providing nutrition update on bone health and display of wide range of Calcium rich food coupled with hands on activity for the members of public.

ii) World Diabetes Day – 14 November 2010
SNDA and Temasek Polytechnic supported Diabetes Society Singapore for this event by setting up booth and providing speakers.

7. PREPARATIONS TO HOST THE XI ASIAN CONGRESS OF NUTRITION 2011, 13 – 16 JULY 2011

The congress date was brought forward to ensure most participants in the region would benefit from it. The committee co-opt SNDA main committee to assist in the organising of the congress. The roadshow to promote the congress was carried out extensively at events like 19th International Congress of Nutrition (ICN 2009), 5th Asian Congress of Nutrition (ACD 2010) and IUNS Workshop on Capacity and Leadership Development in Nutritional Sciences in Japan.

8. SNDA Representatives – External Relations

SNDA was represented actively on the following committees, associations and meetings for the year 2010 – 2011:

- Asian Federation of Dietetic Association (AFDA) Honorary Treasurer (Re-elected for another term)
- Federations of Asian Nutrition Societies (FANS) Council member
- Association for Breast Feeding Advocacy (Singapore) SNDA has endorsed the Statement of Breastfeeding by ABAS.
- International Confederation of Dietetic Association (ICDA)
● Ministry of Health’s Credential Evaluation Panel for Dietitians
● Healthy Youth Committee (Hy-Com)
● Educating for Health Conference (16 – 18 Nov 2011) Working Committee

9. Plans Ahead

The Following are SNDA plan for 2010 – 2011:
1. To continue with membership database updating in preparation for registration and to continue to update members’ profile by industry

2. To increase full, student and corporate members participation
3. To increase and promote members’ participation of SNDA organized activities
4. To revise the scheme of the CE and further promote a wider scope and variety of CE activities organized by SNDA; to identify topics which are relevant to the majority of members based on the membership profile
5. To promote the attainment of the accreditation status amongst the full members and to continually review the CPD scheme
6. To enhance the collaboration with other relevant professional associations in organizing nutrition-related conferences and workshops.
7. To continue with the development of the Singapore Manual of Dietetic Practice with the new concept
8. To continue to raise the profession’s profile and credibility through media projects and explore launching a National Nutrition Day Event.
9. To aim to recruit 1 – 2 members into FANS when SNDA took over the president ship.
Sri Lanka

NUTRITION SOCIETY OF SRI LANKA

Address : C/O Department of Applied Nutrition, Faculty of Livestock, Fisheries & Nutrition, Wayamba University of Sri Lanka, Makandura, Gonawila 60170 Sri Lanka
E-mail : nutritionsociety_sl@yahoo.com
Web : www.nutritionsocietysrilanka.com

Year Established : 1972

Executive Council

President : Dr. Renuka Silva RNutr,
Department of Applied Nutrition,
Wayamba University of Sri Lanka
C/O Department of Applied Nutrition, Faculty of Livestock, Fisheries & Nutrition, Wayamba University of Sri Lanka, Makandura, Gonawila 60170 Sri Lanka
E-mail : renikasilva2008@yahoo.com

Vice-President : Dr. Angela de Silva
Department of Physiology,
Faculty of Medicine, University of Colombo

Joint Secretaries : Dr. Sanath Mahawithanage
Fonterra Brands Lanka (Pvt) Ltd
Kumari Rathnayake
Department of Applied Nutrition,
Wayamba University of Sri Lanka

Treasurer : Dr Athulla Wijesundara
Lady Ridgeway Hospital

Editor : Prof Sagarika Ekanayake
Department of Biochemistry,
Faculty of Medical Sciences, University of Sri Jayewardenapura
Activities 2010

The Nutrition Society of Sri Lanka (NSSL) is a national body consisting of members in different sectors related to nutrition including Agriculture, Livestock, Education, Health and Dietetics, Childcare, Poverty Alleviation, Science and Technology, Trade and Commerce, and the Food Industry. Membership is open to applicants who can demonstrate ‘a genuine interest in the science of human nutrition’ and support the Society’s aim, ‘to advance the scientific study of nutrition and its application to the maintenance of human health’. Our members are positioned as policy makers, academics, researchers, community workers, educationists, medical and healthcare / dietetic practitioners. NSSL acts as a change agent, advocacy and pressure group and a resource centre for improving nutrition status of the Sri Lankan population.

- Annual Scientific Sessions 2009/10
  This yearly event was held in January 2010 and consisted of sessions on
original research (free papers) where young researchers were given an opportunity to present findings, plenary lectures and symposia. The theme was "Food Security for all of Sri Lanka". Plenary lectures and symposia were based on this theme.

- Guidelines for minimum competencies and qualifications required for a Nutritionist
  The guidelines required for an individual to describe themselves as a nutritionist were accepted by the Council as a preliminary step towards the society becoming a professional association with the authority to register qualified nutritionists.

- Newsletter
  Third issue of the Nutrition Society Newsletter titled ‘Nutrition Focus’ was published and circulated among members.

- Panel discussion on current issues in nutrition
  Nutrition Society held a panel discussion at the Annual Congress of the Postgraduate Institute of Agriculture, University of Peradeniya at the invitation of the congress organizers.

- Launching new website
  Society launched its new website which contain useful information to the membership.

- Advocacy for cadre positions of nutritionists
  A stakeholders’ meeting on ‘importance of human resources for nutrition improvement in Sri Lanka’ was successfully held on 6th August 2010. It was attended by 20 experts including council members. This initial planning meeting yielded some important information for advocacy regarding creating nutritionist cadre positions in the government health sector.

- Advocacy document prepared by the Nutrition roundtable
  The Nutrition Society together with the National Nutrition Alliance organized a Round Table discussion, titled ‘Reversing Negative Trends in Malnutrition in Asia – Achieving the Millennium Development Goals’ at the 10th South East Asia Regional Scientific Meeting of the International Epidemiological Association held from 23rd - 26th May 2010, Colombo, Sri Lanka. Several international and national experts in nutrition participated at the meeting. The advocacy document prepared has been sent to all FANS member countries for advocacy at country level.

- Nutrition month activities by the Nutrition Society of Sri Lanka.
  Nutrition Society members actively participated in several activities conducted
during the nutrition month (May 2010) declared by the Ministry of Health. The theme was adolescent nutrition.

- Expert opinions and advocacy in nutrition related matters:
The society functioned as a resource center for provision of expert opinion on matter related to nutrition for the Ministry of Health, Sri Lanka. Expert opinions on nutritional issues of national importance have been sought by the Food Advisory Committee, Food Advertising Sub Committee, Nutrition Division and Nutrition Coordination Division of The Ministry of Health, Sri Lanka.

- Workshop to formulate strategic plan
A workshop was conducted with the participation of several members to formulate strategic plan for the Nutrition Society. Strategic plan with several tracks such as Technical and capacity building, Co
Taiwan

THE NUTRITION SOCIETY OF TAIWAN

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E-mail: nutrition@nutrition.org.tw
Web: www.nutrition.org.tw

Year Established: 1974
Number of Members: 2233 (active)
1285 Life Members
880 General Members
68 Student members

Executive Council

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FANS NEWSLETTER 107 No. 11, July 2011
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- Yu-Chu Chen, MS (Health Promotion Bureau, Taichung City)
- Shih-Yi Huang, PhD. (Taipei Medical University)

2009 Activities
2009.12.19
Renal Nutrition Training Program for Hemodialysis
A series of training courses were designed for dietitians who care hemodialysis patients, towards to the certification of renal nutrition. Evidences have demonstrated a strong correlation between diet therapy and kidney insufficiency and kidney failure. Guidelines and protocols for nutrition support for hemodialysis.
patients were provided to improve the uniformity among practitioners and upgrade the health status for the patients.

2010 Activities
2010.01.16
Training Program of Nutrition Therapy on Chronic Kidney Disease
Lectures were specially planned to provide the essential knowledge for those who care patients with chronic renal dysfunction or failure in various settings, towards to the certification of Renal Nutrition on Chronic Kidney Disease. A large body of evidences has suggested that the significant roles of diet therapy in the treatment of kidney insufficiency and kidney failure. Advance nutrition knowledge was designed to slow the progression of the kidney disease. The changes in medical nutrition therapy and specialized nutrition support are addressed.

2010.02.06
Oncology Nutrition Specialty Training Program
A series of training courses were provided for dietitians who care individuals at risk for, or diagnosed with, any type of malignancy or pre-malignant condition, in a variety of settings, including hospitals, clinics, cancer centers, hospices, or public health institute. The most advanced knowledge based on the latest research results from biomedical studies or clinical trials was conveyed to qualify the practice of oncological dietitians.

2010.02.08
The National Conference of Directors of Nutrition-Related Departments
The summit objective was to share valuable experience by senior nutrition professionals and to provide the younger generation with a broader vision, essential leadership skills and charisma enhancement.

2010 ~ 2011
Training Program of Nutrition Therapy on Acute Renal Failure and Kidney Transplantation
Immediate and intensive nutritional therapy is required for patients suffering from acute renal failure and for those undertaken kidney transplantation. The training program aimed to equip the nutrition professionals with the most advanced diet therapy knowledge and practical skills.

2010.03.20
Training Program of Nutrition Therapy on Peritoneal Dialysis
Courses of nutrition therapy were carried out to provide superior care to dietitians who care patients undergoing peritoneal dialysis. While a favorable outcome can only be anticipated through the provision of experienced, multidisciplinary care, nutritional support should be addressed to significantly improve the quality of life of the PD patients.
The 36th Annual Meeting of the Nutrition Society of Taiwan was held at Fu-Jen Catholic University, Taipei County. Three themes were included in the annual meeting. Theme (I) was metabolic syndrome symposium, and many topics were presented, including the prevalence of obesity and metabolic syndrome, and what the relationship between it and dietary intakes and the development of cardiovascular diseases. Theme (II) focused on the aging society challenge of nutrition research and work. The outstanding scholar, Professor Tammy Bray, Dean of College of health and Human Sciences, Oregon State University chaired the Basic Research in Nutrition and Aging. Professor Tammy Bray also gave a keynote speech titled "Live long, live well". In addition, the forum regarding long term care and the caring of cancer patients were also included in the annual meeting. There was a total of 510 member attendance and 163 posters presentation in the Basic and Clinical Nutrition Sectors.

National Consensus Conference on Public Health Nutrition

In order to share a common syllabus of the course of public health nutrition, the national consensus conference was held at Fu-Jen Catholic University. The teaching objectives and the requirements of the students were revised, expecting that through this Consensus Conference, a cooperative networks will be generated for the field of public health nutrition in the higher education system.

2010 Dietary Reference Intakes International Conference: From Dietary, Biochemical and Genetic Evidence-Base Research to Dietary Reference Intakes (DRIs) and Health Policies

The aim of the DRI conference was to promote the communication between the medical professionals, the academic researchers, the industrial sectors and the DRI experts who revised the dietary recommendations. The goal was to share deeper insights between experts from various aspects and encourage them to contribute their expertise to revise the 7th edition of DRIs. In particular, evidence-based research results from dietary, biochemical and genetic studies have consolidated the task towards to formulating the reference level of DRIs. Distinguished DRI experts from the United States, Australia, Japan were invited to discuss the DRIs related problems.

Conference on Glycemic Index and Weight Management
PART ONE:
Application of Glycemic Index or Glycemic Load in Weight Management
Refined carbohydrates could be more harmful to human health than saturated fatty acids. Should people consider the quality or quantity of the carbohydrates before consuming remains controversial. Further application of the GI value to the total volume of the carbohydrate can also provide an indication of the carbohydrate quality. Speakers discussed how low GI or GL food can delay digestion and absorption, and subsequently improve weight management, insulin sensitivity, lipid profile, memory, endurance and reduce inflammation simultaneously. The advantage of consuming low GI or GL foods may reduce the risk of chronic diseases, such as diabetes mellitus.

PART TWO:
The Role of Whey Protein in Weight Management and Prevention of Metabolic Risks
Whey protein has demonstrated an antiobesity effect in animal studies, observational and population studies, and randomized clinical trials. The major components are the angiotensin-converting enzyme (ACE) inhibitor activity of whey proteins and the high concentration of leucine in whey. Thus, the protective effects of dairy foods against obesity and its comorbidities are promising, but warrant further large-scale studies.

2010.10.23; 10.30; 12.03

Academic Conferences for Junior Faculty Stuffs of Nutrition Departments in Middle, Northern, and Southern Taiwan

Junior faculty stuffs from Nutrition Departments in Middle, Northern, and Southern Taiwan were invited to present their research results to bring the updated nutrition knowledge to the nutrition society, and to promote interaction and exchange experiences between generations.

2010.11.06
2010 International Symposium of Health Benefits of Fish Oil and Its Novel Omega-3 Derivatives

International distinguished speakers were invited to talk the health benefits of fish oil, and omega-3 fatty acids. Both fish oil and omega-3 fatty acids have been demonstrated to interfere with the incidence of certain diseases. Diet rich in Omega-3 from plant or animal sources are encouraged.

2011.03.19
Seminars on Ethics and Legislative Regulations of Clinical Nutrition Research
To assure the nutritional professionals are of competency and equipped with the
knowledge of ethics and legislative responsibilities, seminars were held to provide the proper information to improve the practice standard of nutritional professionals.

Publications
The Nutrition Science Journal (Quarterly)
Newsletter of Nutrition Society (Bimonthly)
Main Activities
The major activities currently conducted by the Nutrition Association of Thailand (NAT) have included:

1. Networking with Department of Health and Thai Health Promotion Funds to carry out a project on “Proactive Nutrition Initiatives” (2006 – 2008) and later has been transformed to be the “Systematic Approaches for Optimal Growth and Development of Thai Children Project Center” (SOTC) (2008 – present).

2. Collaborating with the Institute of Nutrition, Mahidol University (INMU) as a focal point for the Thailand National Alliance participating with the Global Alliance for Prevention of Obesity and related NCDs (2006- present).


5. Annual General assembly for the members of the Nutrition Association of Thailand.

Excerpts of key activities of the Nutrition Association of Thailand,
July 2007 – 2011


The PNI was initiated by three core stakeholders-Department of Health, Ministry of Public Health, the Nutrition Association of Thailand, and the Thai Health Promotion Fund (ThaiHealth) which provides financial support for the PNI. The fund of ThaiHealth has come from 2% of tobacco and alcoholic beverage taxes and used for health promotion including nutrition, physical activity, controlling of tobacco and alcoholic consumption, and managing or modifying high risk factors for health.

The general objective of the PNI is to establish a network and activities to facilitate and enhance the implementation of nutrition program particularly on research and capacity development. The main activities of this initiative include:

1. Research and development to generate knowledge and best practice to support the national nutrition program.

2. Strengthen the capacity of the network members.

3. Communication and social marketing activities for public awareness and behavioral modification in food and nutrition.

4. Supporting the national strategies in nutrition for prevention and control of malnutrition.

The project main target population is children aged 0-14 years. The objectives including the generation of evidence-based knowledge and innovation for promoting good nutrition for children, developing school-based best practice model aiming for national scaling up, model development for integrated nutrition in health care unit for prevention of childhood obesity, and public awareness campaign and social mobilization on specific nutrition-related health issues.

Major achievements of this PNI include many outputs and outcomes for better infant and young child feeding and care, best practice for caring of preschool children, nutrition in school and nutrition in health services. Some examples of the achievements are: new “food-based dietary guidelines (FBDGs) for infants and preschool children, communication strategy for implementing the FBDGs for infants and preschool children, ten formulas of semi-ready-to-eat
complimentary food for infants and preschool children (five cereal formulas and five cereal-base foods with addition of meat, fruits and vegetables), models of good child care practices for public and private daycares, models of integrated nutrition in health care system for prevention of malnutrition among preschool children, best practice models for school nutrition program based on pilot projects in primary schools (public, private, urban and rural schools), situation analysis current school food services policy and regulations and at community and national level, development of nutrition education/communication module for strengthening capacity of school teachers in food and nutrition, development and implementation of healthy snacks at the community and industrial level.

2. Thailand National Nutrition Alliance as a case study in the Global Alliance for Prevention of Obesity and related non-communicable diseases (NCD)

The International Association for the Study of Obesity, which incorporates the international Obesity Task Force, has spearheaded a Global Alliance of five principal medical non-governmental organizations formally linked to the World Health Organization (WHO)- the World Heart Federation (WHF).

International Diabetes Federation (IDF), International Paediatric Association (IPA) and International Union of Nutritional Sciences (IUNS) Thailand is one of six key countries aligned with the WHO priorities, namely Malaysia, Singapore, Thailand, Brazil, Hong Kong and Canada have been chosen as potential models.

The National Economic and Social Development Board (NESDB) included a plan and strategy to address obesity and diet related NCD in the 10th National development plan (2007-2011).

3. Thailand Congress of Nutrition (TCN)

The Nutrition Association of Thailand coordinated with its networks institutions and professional societies in organizing annual conference called the “Thailand Congress of Nutrition” (TCN). The major effort of the TCN was to involve as many stakeholders in nutrition or related fields in the annual scientific conference, beyond nutrition and dietetics professionals to include food and agricultural scientists and personnel, as well as clinicians.

The general objectives of the TCN were to provide a forum for new scientific evidences and encourage the exchange of knowledge and experiences among various stakeholders working in the areas of food and nutrition. Her Royal Highness Princess Maha Chakri Sirindhorn has presided over the opening of all four TCNs and the forthcoming one in September 2011. The themes of the past and this year TCN are:

TCN 1: Integrated nutrition for self sufficiency
TCN 2: Sufficiency nutrition for happiness
The 5th Thailand Congress of Nutrition As this year marks the auspicious occasion of the 84th birthday of His Majesty the King, the 5th Thailand Congress of Nutrition will be organized as a tribute to His Majesty the King who has initiated more than 4,000 development projects in various fields, particularly food security, nutrition, and health development. The congress will be held during September 5-7, 2011 at BITEC convention center, Bangkok. Her Royal Highness Princess Maha Chakri Sirindhorn will kindly preside over the opening session.

The theme is “Food Security: Foundation for Nutrition and Health”. This congress will address nutrition as the link between food and health. The scientific program includes food chain approach, accessibility and consumption of food in terms of quantity, quality, and safety for sound nutrition at individual, family, community, and national level. This congress will enhance and sharing of knowledge, awareness among participants and will lead to the advocacy and action for food security and sustainability, nutrition, and health.

4. The 19th International Congress of Nutrition (ICN)
The nutrition Association of Thailand (NAT) had the honor to organize the 19th ICN at BITEC in Bangkok from 4-9 October 2009 with the theme of “Nutrition Security For All” More than 4,200 participants and scientific exhibitors from 106 countries participated actively making this ICN most successfully in scientific programs, social and cultural activities. The success of the 19th ICN was mainly due to the support and participation by the nutritional scientific community, the academic and research institutions, the national, regional and international organizations/institutions, SCOs/NGOs and private sectors.

5. Thailand Nutrition Development Foundation
A new foundation for nutrition development in Thailand has been established in 2011 to promote nutrition capacity of Thai nutrition professionals and public nutrition activities aiming for good health and nutrition of Thai people.

6. Thai-English Nutrition Dictionary
Thai-English Nutrition Dictionary was published in 2010 to provide nutrition professionals in Thailand with Thai translation of English terminologies and definitions in nutrition.

7. Nutrition Research Award
Beginning in 2008, the NAT has established a nutrition research award, with a
financial support from Nestle company (Thailand) to provide small grants for young investigators. The award is worth 200,000 Baht per year.

8. Other activities
The NAT has been quite active in participation and collaboration with other professional societies such as the Royal College of Physicians, the Thai Diabetes Educator Association, the Thai Sport Medicine Association, the Dietetics Association of Thailand, the Department of Health, Ministry of Public Health, Mahidol University and other academic institutions in the national campaign for prevention and control of metabolic syndrome spearheaded by the program for prevention and reduction of obesity in Thai population. The NAT website is a new channel for communication with its members.

It also provides a means for the public to obtain proper nutrition information. Journal of Nutrition, the Nutrition Association of Thailand, is a Thai Journal publishing mainly in Thai language, with an English abstract. This is a quarterly journal.
Vietnam

Vietnam Nutrition Association (Vinutas)

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Year Established: 2001

Member: 500/200 active/

Executive Council (2006-2010)

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Vice-President: Ass. Prof. Nguyen Cong Khan, MD, PhD,
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Members:
- Ass. Prof. Dao Thi Ngoc Dien, MD, Vice-President, Hanoi Medical University.
- Prof. Nguyen Thi Hien, PhD, Vice-President, Hanoi University of Science and Technologies.
- Dr Le Thi Kim Quy, MD, Vice-President, Nutrition Center of Ho Chi Minh city.
- Ass, Prof. Do Thi Kim Lien, MD, PhD, National Institute of Nutrition.
Dr Cao Thi Hau, MD, PhD, National Institute of Nutrition.

Activities

The Vietnam Nutrition Association (VINUTAS) represents the national family of nutritional scientists of Vietnam. VINUTAS is a member of Vietnam Medical Association (VMA), Federation of Asian Nutrition Societies (FANS) and International Union of Nutrition Sciences (IUNS). The Vietnam Nutrition Association works closely with the National Institute of Nutrition (national nutrition focal point) and relative institutions in: implementing the national strategy for nutrition 2001-2010 by appropriate and effective interventions and by promoting the healthy diet and lifestyle for Vietnamese people; and setting up the national strategy for nutrition 2011-2020. Otherwise, VINUTAS provide and share regular scientific information and findings among members through periodic publications, scientific meetings and short training courses. Member of the society are working mainly in health sector such as public health nutrition, clinical nutrition, food hygiene and food safety and other sectors related to nutrition as agriculture, food technology, food trade and education.

2010 Activities

- Developed a formal strategic alliance with American Society for Nutrition (ASN).
- Supported to develop the community nutrition association branch in Thai Binh province.
- Organized the 5th National Nutrition Scientific Conference “Nutrition & Growth” (Ho Chi Minh City, Dec.12th,2010) with 300 participants from throughout Vietnam and guest speakers from USA and Japan.
- Conducted the program of nutritional education and community health care on a national scale, targeting all ages women with special focus on pregnant women and lactating women.
- Journal: “Nutrition and Food science” (quarterly) was recognized as an official scientific journal.

2011 Activities:

- Conducted the program of nutritional education and community health care on a national scale, targeting school-aged students, the elderly and diabetic patients, etc.
- Cooperation with Children’s Hospital and Research Center at Oakland (USA) to conduct a study project entitled “Effect of Animal Source Food Supplement Prior to and During Pregnancy on Birth weight and Prematurity in Rural
  - Journal: “Nutrition and Food science” (quarterly).
  - Technical assistance to provincial societies of nutritionists to develop professional activities.